

STRENGTHS

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Collaborative Teamwork

Facilitated effective collaboration among diverse healthcare professionals, improving treatment outcomes through shared responsibility.
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Patient-Centered Focus

Prioritized patient needs through empathetic communication and education, fostering trusting relationships for enhanced care experiences.
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Critical Thinking

Applied analytical approaches to develop customized treatment strategies, adapting quickly to patient feedback and clinical observations.
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Leadership Development

Mentored junior practitioners and contributed to program leadership, empowering peers through knowledge-sharing and professional growth.
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Continuous Improvement

Drove enhancements in service quality, advocating for best practices that reflect evolving standards in mental health care.

SKILLS

Psychiatric Evaluation
Medication Management
Patient Education
Team Collaboration
Program Development
Quality Improvement Initiatives

LANGUAGES

English	Native
Spanish	Intermediate

SUMMARY

Dedicated Psychiatric Mental Health Nurse Practitioner with a graduate degree in psychiatric nursing and board certification from the American Nurses Credentialing Center. Experienced in providing comprehensive psychiatric evaluations, developing personalized treatment plans, and collaborating with multidisciplinary teams to enhance patient care. Committed to promoting mental health through evidence-based practices and patient education, striving to create a supportive environment that prioritizes quality care over productivity pressures.

EXPERIENCE

Psychiatric Nurse Practitioner

University Research Lab  June 2025 - Present  Springfield, MA

- Expertly assess and manage psychiatric conditions, ensuring tailored care solutions within an educational context. Engage in collaborations that foster integrated treatment objectives for optimal patient outcomes.
- Conducted thorough psychiatric evaluations, assessing patient needs and developing individualized treatment plans within an academic setting.
 - Collaborated with a team of psychologists and social workers to address complex patient cases, ensuring comprehensive care.
 - Provided medication management and ongoing support, tracking patient progress and modifying treatment plans accordingly.
 - Educated patients and families about mental health conditions, treatment options, and medication management.
 - Participated in program development initiatives to enhance the quality of psychiatric services offered at the university.
 - Engaged in clinical education and training for junior staff, fostering a collaborative learning environment.

Psychiatric Nurse Practitioner Intern

Mental Health Clinic  January 2025 - May 2025  Springfield, MA

- Gained practical experience supporting psychiatric care delivery under supervision. Engaged with innovative treatment methodologies to improve patient understanding and responses.
- Assisted in conducting psychiatric evaluations under supervision, contributing to the development of individualized treatment plans.
 - Supported medication management efforts, monitoring patient responses and effectiveness of prescribed therapies.
 - Collaborated with interdisciplinary teams, including nurses and social workers, to provide holistic care to patients.
 - Participated in administrative tasks, including scheduling and documentation, to ensure efficient clinic operations.
 - Engaged in patient education efforts, enhancing understanding of treatment protocols and mental health resources.
 - Contributed to quality improvement initiatives aimed at increasing patient satisfaction and care standards.

LEADERSHIP & AWARDS

- Recipient of the Nursing Excellence Award, 2025
- Dean's List, University of Massachusetts Amherst, 2024

EDUCATION

Master of Science in Nursing

University of Massachusetts Amherst  GPA: 3.8  2025  Amherst, MA

Coursework: Psychiatric Assessment, Patient Care Management, Behavioral Health Interventions, Evidence-Based Practice

MY CAREER



● Psychiatric Nurse
Practitioner at University
Research Lab (1.1 Years)

● Psychiatric Nurse
Practitioner Intern at Mental
Health Clinic (4 Months)

CERTIFICATIONS

- Board Certified Psychiatric Mental Health Nurse Practitioner 📅 2025
- Advanced Practice Registered Nurse License 📅 2025

TECHNICAL SKILLS

- **Assessment Tools:** DSM-5, MMSE, BDI
- **Collaboration Platforms:** Microsoft Teams, Slack, Zoom
- **Electronic Health Records Software:** Epic, Cerner, Athenahealth
- **Patient Management Systems:** TherapyNotes, SimplePractice, MyClientsPlus
- **Data Analysis Tools:** SPSS, Excel, Tableau
- **Clinical Protocol Standards:** APNA, ANCC, AACAP
- **Training Methodologies:** Simulation, Role-playing, Case Study
- **Quality Improvement Methods:** PDSA, Lean, Six Sigma
- **Professional Networking:** LinkedIn, Professional Associations, Conferences
- **Ethics and Compliance:** HIPAA, APA Guidelines, OSHA Standards

PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association, 2023-Present
- Volunteer, Mental Health Awareness Campaign, 2024-Present

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST