



# Selena Yoder

## Psychiatric Mental Health Nurse Practitioner

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### STRENGTHS

- 👥 Collaborative Teamwork**  
Facilitated effective collaboration among diverse healthcare professionals, improving treatment outcomes through shared responsibility.
- ❤️ Patient-Centered Focus**  
Prioritized patient needs through empathetic communication and education, fostering trusting relationships for enhanced care experiences.
- 💡 Critical Thinking**  
Applied analytical approaches to develop customized treatment strategies, adapting quickly to patient feedback and clinical observations.
- ★ Leadership Development**  
Mentored junior practitioners and contributed to program leadership, empowering peers through knowledge-sharing and professional growth.
- ⚙️ Continuous Improvement**  
Drove enhancements in service quality, advocating for best practices that reflect evolving standards in mental health care.

### SKILLS

- Psychiatric Evaluation
- Medication Management
- Patient Education
- Team Collaboration
- Program Development
- Quality Improvement Initiatives

### LANGUAGES

English Native

### SUMMARY

Dedicated Psychiatric Mental Health Nurse Practitioner with a graduate degree in psychiatric nursing and board certification from the American Nurses Credentialing Center. Experienced in providing comprehensive psychiatric evaluations, developing personalized treatment plans, and collaborating with multidisciplinary teams to enhance patient care. Committed to promoting mental health through evidence-based practices and patient education, striving to create a supportive environment that prioritizes quality care over productivity pressures.

### EXPERIENCE

#### Psychiatric Nurse Practitioner

University Research Lab 📅 June 2025 - Present 📍 Springfield, MA

Expertly assess and manage psychiatric conditions, ensuring tailored care solutions within an educational context. Engage in collaborations that foster integrated treatment objectives for optimal patient outcomes.

- Conducted thorough psychiatric evaluations, assessing patient needs and developing individualized treatment plans within an academic setting.
- Collaborated with a team of psychologists and social workers to address complex patient cases, ensuring comprehensive care.
- Provided medication management and ongoing support, tracking patient progress and modifying treatment plans accordingly.
- Educated patients and families about mental health conditions, treatment options, and medication management.
- Participated in program development initiatives to enhance the quality of psychiatric services offered at the university.
- Engaged in clinical education and training for junior staff, fostering a collaborative learning environment.

#### Psychiatric Nurse Practitioner Intern

Mental Health Clinic 📅 January 2025 - May 2025 📍 Springfield, MA

Gained practical experience supporting psychiatric care delivery under supervision. Engaged with innovative treatment methodologies to improve patient understanding and responses.

- Assisted in conducting psychiatric evaluations under supervision, contributing to the development of individualized treatment plans.
- Supported medication management efforts, monitoring patient responses and effectiveness of prescribed therapies.
- Collaborated with interdisciplinary teams, including nurses and social workers, to provide holistic care to patients.
- Participated in administrative tasks, including scheduling and documentation, to ensure efficient clinic operations.
- Engaged in patient education efforts, enhancing understanding of treatment protocols and mental health resources.
- Contributed to quality improvement initiatives aimed at increasing patient satisfaction and care standards.

### LEADERSHIP & AWARDS

- Recipient of the Nursing Excellence Award, 2025
- Dean's List, University of Massachusetts Amherst, 2024

### EDUCATION

Master of Science in Nursing

MY CAREER



- Psychiatric Nurse Practitioner at University Research Lab (1.1 Years)
- Psychiatric Nurse Practitioner Intern at Mental Health Clinic (4 Months)

University of Massachusetts Amherst 🎓 GPA: 3.8 📅 2025 📍 Amherst, MA  
**Coursework:** *Psychiatric Assessment, Patient Care Management, Behavioral Health Interventions, Evidence-Based Practice*

CERTIFICATIONS

- Board Certified Psychiatric Mental Health Nurse Practitioner 📅 2025
- Advanced Practice Registered Nurse License 📅 2025

TECHNICAL SKILLS

- **Assessment Tools:** DSM-5, MMSE, BDI
- **Collaboration Platforms:** Microsoft Teams, Slack, Zoom
- **Electronic Health Records Software:** Epic, Cerner, Athenahealth
- **Patient Management Systems:** TherapyNotes, SimplePractice, MyClientsPlus
- **Data Analysis Tools:** SPSS, Excel, Tableau
- **Clinical Protocol Standards:** APNA, ANCC, AACAP
- **Training Methodologies:** Simulation, Role-playing, Case Study
- **Quality Improvement Methods:** PDSA, Lean, Six Sigma
- **Professional Networking:** LinkedIn, Professional Associations, Conferences
- **Ethics and Compliance:** HIPAA, APA Guidelines, OSHA Standards

PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association, 2023-Present
- Volunteer, Mental Health Awareness Campaign, 2024-Present

ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST