

Layla Bradley

Psychiatric Mental Health Nurse Practitioner

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SUMMARY

Dedicated Psychiatric Mental Health Nurse Practitioner with over 4 years' experience in delivering high-quality mental health care via remote telehealth platforms. Expert in creating and executing comprehensive treatment plans tailored for diverse patient populations. Strong command of digital health tools ensures efficient communication while adhering to HIPAA compliance and maintaining exemplary clinical documentation. Committed to improving patient outcomes through collaborative integrated care within multidisciplinary teams, all while fostering a supportive environment for both patients and fellow practitioners.

EXPERIENCE

Psychiatric Mental Health Nurse Practitioner

Wellness Telehealth Services 📅 January 2023 - Present 📍 Remote

Remotely delivers psychiatric evaluations and pharmacological management through secure telehealth platforms, ensuring accessibility and quality of mental health services.

- Conduct comprehensive psychiatric assessments and medication management effectively delivered online.
- Develop personalized treatment plans based on extensive patient evaluations, leading to better therapeutic outcomes.
- Ensure meticulous clinical records in accordance with regulations and professional standards, upholding patient privacy.
- Optimize collaboration among therapists and primary care providers for holistic patient care strategies.
- Integrate advanced technology solutions into the practice to minimize administrative tasks and focus on patient interactions.
- Offer educational resources about medications and therapies, cultivating meaningful clinician-patient relationships.

Psychiatric Nurse Practitioner

Mental Health Associates 📅 June 2021 - December 2022 📍 Remote

Operated in a remote setting providing psychiatric care, enhancing service delivery for various patient demographics while maintaining quality standards.

- Performed thorough psychiatric evaluations developing tailored treatment approaches catered to each unique individual.
- Maintained HIPAA-compliant practices throughout patient communications and documentation, safeguarding sensitive information.
- Utilized digital communication tools to maintain ongoing patient engagement, ensuring continuity of care.
- Implemented training webinars for new staff on effective telehealth methodologies, elevating team performance and service quality.
- Engaged professionally with peers to share knowledge on advancements in psychiatric care and telehealth technologies.
- Participated actively in initiatives aimed at refining telehealth service quality through stakeholder feedback and collective reviews.

LEADERSHIP & AWARDS

- Recipient of the Telehealth Innovation Award for outstanding contributions to remote psychiatric care.
- Recognized as Employee of the Month at Wellness Telehealth Services for exceptional patient feedback and engagement.

EDUCATION

Master's Degree in Nursing

University of Colorado 🎓 GPA: 3.8 📅 2021 📍 Denver, CO

Coursework: Clinical Practice, Patient Care, Telehealth Technologies, Evidence-Based Practice

CERTIFICATIONS

- Certified Psychiatric Mental Health Nurse Practitioner (PMHNP) 📅 2021
- DEA Certification 📅 2021

TECHNICAL SKILLS

- **Communication Tools:** Zoom, Microsoft Teams, Doximity
- **Electronic Health Record Platforms:** Epic, Cerner, NextGen
- **Diagnostic Tools:** Mini-Mental State Examination, Beck Depression Inventory, Hamilton Rating Scale
- **Treatment Protocols:** Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Motivational Interviewing
- **Telehealth Platforms:** Teladoc, Amwell, MDLIVE
- **Psychopharmacology:** SSRIs, Mood Stabilizers, Antipsychotics
- **Regulatory Frameworks:** HIPAA, HITECH, CMS Guidelines

- **Quality Improvement Practices:** Lean principles, Six Sigma, Plan-Do-Study-Act
- **Interprofessional Collaboration:** Case conferences, Team debriefings, Shared decision-making
- **Professional Development Tools:** Webinars, Workshops, Conferences

SKILLS

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|---------------------------|-----------------------------------|-----------------------------|----------------------------|
| • Telehealth Expertise | • Clinical Documentation | • Crisis Intervention | • Patient Education |
| • Patient-Centered Care | • Multidisciplinary Collaboration | • Remote Patient Monitoring | • Behavioral Analysis |
| • Evidence-Based Practice | • Pharmacological Management | • Health Assessments | • Mental Health Evaluation |
| • HIPAA Compliance | • Therapeutic Communication | • Treatment Planning | |

PROFESSIONAL AFFILIATIONS

- Member of the American Psychiatric Nurses Association, collaborating for best practices and advocacy.
- Active volunteer at the Mental Health Outreach Program, bringing mental health education to local communities.

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST