

# Layla Bradley

## Psychiatric Mental Health Nurse Practitioner

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### STRENGTHS

- ♥️ **Compassionate Approach**  
Fosters deep connections with patients, understanding their unique challenges while guiding them toward well-being.
- 💻 **Advanced Technology Use**  
Embraces technology for streamlined interactions, placing patient care and satisfaction at the forefront of practice.
- 📋 **Regulatory Compliance**  
Adheres strictly to HIPAA and medical guidelines, assuring patients of safety and confidentiality at every step.
- 👥 **Collaborative Spirit**  
Encourages teamwork across disciplines, enhancing effectiveness of care provision through shared insights and strategies.
- 📖 **Lifelong Learner**  
Embodies continuous improvement by pursuing knowledge in emerging trends of psychiatry and digital communication.

### SKILLS

Telehealth Expertise

Patient-Centered Care

Evidence-Based Practice

HIPAA Compliance

Clinical Documentation

Multidisciplinary Collaboration

Pharmacological Management

Therapeutic Communication

Crisis Intervention

Remote Patient Monitoring

Health Assessments

Treatment Planning

### SUMMARY

Dedicated Psychiatric Mental Health Nurse Practitioner with over 4 years' experience in delivering high-quality mental health care via remote telehealth platforms. Expert in creating and executing comprehensive treatment plans tailored for diverse patient populations. Strong command of digital health tools ensures efficient communication while adhering to HIPAA compliance and maintaining exemplary clinical documentation. Committed to improving patient outcomes through collaborative integrated care within multidisciplinary teams, all while fostering a supportive environment for both patients and fellow practitioners.

### EXPERIENCE

#### Psychiatric Mental Health Nurse Practitioner

Wellness Telehealth Services 📅 January 2023 - Present 📍 Remote

Remotely delivers psychiatric evaluations and pharmacological management through secure telehealth platforms, ensuring accessibility and quality of mental health services.

- Conduct comprehensive psychiatric assessments and medication management effectively delivered online.
- Develop personalized treatment plans based on extensive patient evaluations, leading to better therapeutic outcomes.
- Ensure meticulous clinical records in accordance with regulations and professional standards, upholding patient privacy.
- Optimize collaboration among therapists and primary care providers for holistic patient care strategies.
- Integrate advanced technology solutions into the practice to minimize administrative tasks and focus on patient interactions.
- Offer educational resources about medications and therapies, cultivating meaningful clinician-patient relationships.

#### Psychiatric Nurse Practitioner

Mental Health Associates 📅 June 2021 - December 2022 📍 Remote

Operated in a remote setting providing psychiatric care, enhancing service delivery for various patient demographics while maintaining quality standards.

- Performed thorough psychiatric evaluations developing tailored treatment approaches catered to each unique individual.
- Maintained HIPAA-compliant practices throughout patient communications and documentation, safeguarding sensitive information.
- Utilized digital communication tools to maintain ongoing patient engagement, ensuring continuity of care.
- Implemented training webinars for new staff on effective telehealth methodologies, elevating team performance and service quality.
- Engaged professionally with peers to share knowledge on advancements in psychiatric care and telehealth technologies.
- Participated actively in initiatives aimed at refining telehealth service quality through stakeholder feedback and collective reviews.

### LEADERSHIP & AWARDS

- Recipient of the Telehealth Innovation Award for outstanding contributions to remote psychiatric care.
- Recognized as Employee of the Month at Wellness Telehealth Services for exceptional patient feedback and engagement.

### EDUCATION

#### Master's Degree in Nursing

University of Colorado 🎓 GPA: 3.8 📅 2021 📍 Denver, CO

Patient Education

Behavioral Analysis

Mental Health Evaluation

## LANGUAGES

English Native

Spanish Proficient

## MY CAREER



● Psychiatric Mental Health Nurse Practitioner at Wellness Telehealth Services (3.5 Years)

● Psychiatric Nurse Practitioner at Mental Health Associates (1.5 Years)

**Coursework:** *Clinical Practice, Patient Care, Telehealth Technologies, Evidence-Based Practice*

## CERTIFICATIONS

- Certified Psychiatric Mental Health Nurse Practitioner (PMHNP) 📅 2021
- DEA Certification 📅 2021

## TECHNICAL SKILLS

- **Communication Tools:** Zoom, Microsoft Teams, Doximity
- **Electronic Health Record Platforms:** Epic, Cerner, NextGen
- **Diagnostic Tools:** Mini-Mental State Examination, Beck Depression Inventory, Hamilton Rating Scale
- **Treatment Protocols:** Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Motivational Interviewing
- **Telehealth Platforms:** Teladoc, Amwell, MDLIVE
- **Psychopharmacology:** SSRIs, Mood Stabilizers, Antipsychotics
- **Regulatory Frameworks:** HIPAA, HITECH, CMS Guidelines
- **Quality Improvement Practices:** Lean principles, Six Sigma, Plan-Do-Study-Act
- **Interprofessional Collaboration:** Case conferences, Team debriefings, Shared decision-making
- **Professional Development Tools:** Webinars, Workshops, Conferences

## PROFESSIONAL AFFILIATIONS

- Member of the American Psychiatric Nurses Association, collaborating for best practices and advocacy.
- Active volunteer at the Mental Health Outreach Program, bringing mental health education to local communities.

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST