



# Maci Cummings

## Psychiatric Nurse Practitioner

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### SUMMARY

Compassionate and dedicated Psychiatric Nurse Practitioner with over 5 years of experience in providing high-quality behavioral health care. Proven expertise in medication management and patient-centered service, ensuring optimal emotional and cognitive well-being for patients in skilled nursing and senior living settings. Strong collaborator adept at building trusting relationships with interdisciplinary teams, enhancing care continuity, and improving patient outcomes through evidence-based practices. Deeply committed to fostering a supportive environment that prioritizes open communication and trust with patients and families.

### EXPERIENCE

#### Psychiatric Nurse Practitioner

Innovative Health Solutions 📅 January 2023 - Present 📍 Charlotte, NC

Oversees psychiatric evaluations and manages medication treatment plans within an integrated care model at a prominent healthcare organization. Collaborates extensively with multidisciplinary teams while aiming for improved health outcomes in diverse patient populations.

- Provided comprehensive psychiatric evaluations and medication management to diverse patient populations in skilled nursing facilities.
- Collaborated with interdisciplinary teams to develop and implement individualized care plans, promoting optimal mental health outcomes.
- Conducted routine patient rounding, assessing and monitoring mental health conditions, and adjusting treatment as necessary.
- Facilitated effective communication with patients, families, and facility staff, ensuring understanding and adherence to care plans.
- Utilized AI-driven tools to streamline clinical processes and enhance decision-making in patient care.
- Mentored and trained new staff in behavioral health best practices and patient-centered service techniques.

#### Nurse Practitioner

Caring Hands Health Services 📅 June 2020 - December 2022 📍 Raleigh, NC

Delivered holistic care focused on mental health and wellness for geriatric patients within a busy outpatient clinic setting.

- Developed treatment plans tailored to the unique needs of patients, utilizing evidence-based approaches to improve quality of life.
- Engaged in interdisciplinary collaboration, ensuring comprehensive care and continuity for patients transitioning between services.
- Implemented patient education programs that increased awareness and understanding of mental health issues.
- Maintained accurate and thorough patient records, ensuring compliance with healthcare regulations and standards.
- Participated in continuous professional development and training to remain updated on best practices in psychiatric care.

#### Nurse Practitioner

Wellness First Clinic 📅 January 2018 - May 2020 📍 Greensboro, NC

Managed psychiatric care focusing on chronic mental health conditions, driving long-term treatment strategies.

- Conducted detailed patient assessments and collaborated with healthcare teams to refine care strategies and improve patient experiences.
- Led workshops to educate patients and families about mental health resources and coping strategies.

### STRENGTHS

- ♥️ **Patient-Centered Care**  
Built trusting relationships with patients, leading to increased engagement and adherence to treatment plans.
- 👥 **Interdisciplinary Collaboration**  
Regularly consulted with diverse healthcare professionals to optimize patient treatment strategies and improve outcomes.
- 💬 **Communicative Skills**  
Adapted communication style for diverse audiences, enhancing understanding and emotional safety among patients and families.
- 🤝 **Empathy**  
Demonstrated deep empathy towards patients' struggles, fostering a reassuring atmosphere conducive to healing.
- 🚀 **Agility**  
Adapted to rapid changes in healthcare environments, maintaining high-quality care under intense pressure and complexity.

### SKILLS

Patient Care

Medication Management

Interdisciplinary Collaboration

Patient Education

Mental Health Assessment

AI-Driven Care Tools Elderly Care

Treatment Planning

Effective Communication

Compassionate Listening

Crisis Intervention

Quality Improvement

Community Outreach

Clinical Documentation

Professional Development

## LANGUAGES

English Native

Spanish Proficient

## MY CAREER



● Psychiatric Nurse Practitioner at Innovative Health Solutions (3.5 Years)

● Nurse Practitioner at Caring Hands Health Services (2.5 Years)

● Nurse Practitioner at Wellness First Clinic (2.3 Years)

- Implemented quality improvement initiatives that resulted in enhanced patient satisfaction and care delivery efficiency.
- Maintained a supportive environment, fostering trust and open communication with patients and their families.
- Engaged in community outreach programs aimed at increasing access to mental health services.

## LEADERSHIP & AWARDS

- Dean's List, University of North Carolina, 2019-2021
- Outstanding Nurse Practitioner Award, Caring Hands Health Services, 2022

## EDUCATION

### Master's Degree in Nursing

University of North Carolina 🎓 GPA: 3.8 📅 2021 📍 Chapel Hill, NC

**Coursework:** *Advanced Practice Nursing, Mental Health Treatment, Community Health, Nursing Research*

## CERTIFICATIONS

- Certified Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) 📅 2021
- Advanced Practice Registered Nurse (APRN) License, North Carolina 📅 2021

## TECHNICAL SKILLS

- **Clinical Procedures:** Psychiatric Assessments, Medication Management, Treatment Planning
- **Health Technologies:** Electronic Health Records, Telemedicine Platforms, AI Integration Tools
- **Patient Care Models:** Patient-Centered Care, Evidence-Based Practices, Value-Based Care
- **Regulatory Compliance:** HIPAA, PHI Security Programs, Clinical Documentation Standards
- **Therapeutic Modalities:** Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Psychoeducation
- **Collaboration Tools:** Microsoft Teams, Zoom, Shared Digital Workspaces
- **Continuity of Care Models:** Transition Planning, Interdisciplinary Rounding, Follow-Up Protocols
- **Geriatric Care Focus:** Mood Disorders, Dementia Care Strategies, Cognitive Rehabilitation
- **Communication Frameworks:** Active Listening Techniques, Empathic Communication Skills
- **Educational Initiatives:** Patient Education Workshops, Community Health Seminars, Training Programs

## PROFESSIONAL AFFILIATIONS

- Member, American Psychiatric Nurses Association
- Volunteer, Mental Health Awareness Campaign, 2020-present

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST