






Maci Cummings

Psychiatric Nurse Practitioner

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STRENGTHS

-  **Patient-Centered Care**
Built trusting relationships with patients, leading to increased engagement and adherence to treatment plans.
-  **Interdisciplinary Collaboration**
Regularly consulted with diverse healthcare professionals to optimize patient treatment strategies and improve outcomes.
-  **Communicative Skills**
Adapted communication style for diverse audiences, enhancing understanding and emotional safety among patients and families.
-  **Empathy**
Demonstrated deep empathy towards patients' struggles, fostering a reassuring atmosphere conducive to healing.
-  **Agility**
Adapted to rapid changes in healthcare environments, maintaining high-quality care under intense pressure and complexity.

SKILLS

Patient Care

Medication Management

Interdisciplinary Collaboration

Patient Education

Mental Health Assessment

AI-Driven Care Tools Elderly Care

Treatment Planning



Effective Communication

SUMMARY

Compassionate and dedicated Psychiatric Nurse Practitioner with over 5 years of experience in providing high-quality behavioral health care. Proven expertise in medication management and patient-centered service, ensuring optimal emotional and cognitive well-being for patients in skilled nursing and senior living settings. Strong collaborator adept at building trusting relationships with interdisciplinary teams, enhancing care continuity, and improving patient outcomes through evidence-based practices. Deeply committed to fostering a supportive environment that prioritizes open communication and trust with patients and families.

EXPERIENCE



Psychiatric Nurse Practitioner

Innovative Health Solutions  January 2023 - Present  Charlotte, NC

Oversees psychiatric evaluations and manages medication treatment plans within an integrated care model at a prominent healthcare organization. Collaborates extensively with multidisciplinary teams while aiming for improved health outcomes in diverse patient populations.

- Provided comprehensive psychiatric evaluations and medication management to diverse patient populations in skilled nursing facilities.
- Collaborated with interdisciplinary teams to develop and implement individualized care plans, promoting optimal mental health outcomes.
- Conducted routine patient rounding, assessing and monitoring mental health conditions, and adjusting treatment as necessary.
- Facilitated effective communication with patients, families, and facility staff, ensuring understanding and adherence to care plans.
- Utilized AI-driven tools to streamline clinical processes and enhance decision-making in patient care.
- Mentored and trained new staff in behavioral health best practices and patient-centered service techniques.



Nurse Practitioner

Caring Hands Health Services  June 2020 - December 2022  Raleigh, NC

Delivered holistic care focused on mental health and wellness for geriatric patients within a busy outpatient clinic setting.

- Developed treatment plans tailored to the unique needs of patients, utilizing evidence-based approaches to improve quality of life.
- Engaged in interdisciplinary collaboration, ensuring comprehensive care and continuity for patients transitioning between services.
- Implemented patient education programs that increased awareness and understanding of mental health issues.
- Maintained accurate and thorough patient records, ensuring compliance with healthcare regulations and standards.
- Participated in continuous professional development and training to remain updated on best practices in psychiatric care.

Nurse Practitioner

Wellness First Clinic  January 2018 - May 2020  Greensboro, NC

Managed psychiatric care focusing on chronic mental health conditions, driving long-term treatment strategies.

- Conducted detailed patient assessments and collaborated with healthcare teams to refine care

Compassionate Listening

Crisis Intervention

Quality Improvement

Community Outreach

Clinical Documentation

Professional Development

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Psychiatric Nurse Practitioner at Innovative Health Solutions (3.5 Years)

● Nurse Practitioner at Caring Hands Health Services (2.5 Years)

● Nurse Practitioner at Wellness First Clinic (2.3 Years)

strategies and improve patient experiences.

- Led workshops to educate patients and families about mental health resources and coping strategies.
- Implemented quality improvement initiatives that resulted in enhanced patient satisfaction and care delivery efficiency.
- Maintained a supportive environment, fostering trust and open communication with patients and their families.
- Engaged in community outreach programs aimed at increasing access to mental health services.

LEADERSHIP & AWARDS

- Dean's List, University of North Carolina, 2019-2021
- Outstanding Nurse Practitioner Award, Caring Hands Health Services, 2022

EDUCATION

Master's Degree in Nursing

University of North Carolina 🎓 GPA: 3.8 📅 2021 📍 Chapel Hill, NC

Coursework: *Advanced Practice Nursing, Mental Health Treatment, Community Health, Nursing Research*

CERTIFICATIONS

- Certified Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) 📅 2021
- Advanced Practice Registered Nurse (APRN) License, North Carolina 📅 2021

TECHNICAL SKILLS

- **Clinical Procedures:** Psychiatric Assessments, Medication Management, Treatment Planning
- **Health Technologies:** Electronic Health Records, Telemedicine Platforms, AI Integration Tools
- **Patient Care Models:** Patient-Centered Care, Evidence-Based Practices, Value-Based Care
- **Regulatory Compliance:** HIPAA, PHI Security Programs, Clinical Documentation Standards
- **Therapeutic Modalities:** Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Psychoeducation
- **Collaboration Tools:** Microsoft Teams, Zoom, Shared Digital Workspaces
- **Continuity of Care Models:** Transition Planning, Interdisciplinary Rounding, Follow-Up Protocols
- **Geriatric Care Focus:** Mood Disorders, Dementia Care Strategies, Cognitive Rehabilitation
- **Communication Frameworks:** Active Listening Techniques, Empathic Communication Skills
- **Educational Initiatives:** Patient Education Workshops, Community Health Seminars, Training Programs

PROFESSIONAL AFFILIATIONS

- Member, American Psychiatric Nurses Association
- Volunteer, Mental Health Awareness Campaign, 2020-present

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST