

Nadia Hail

Psychiatric Nurse Practitioner

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STRENGTHS

- Empathetic Communication**
Build rapport with patients to gain their trust and comfort throughout treatments.
- Team Collaboration**
Work alongside medical teams to foster mutual respect and coordinated care solutions.
- Patient Education**
Guide patients in comprehending their conditions, improving adherence and engagement.
- Quality Improvement Initiatives**
Drive efforts focused on enhancing clinical processes leading to superior patient experiences.
- Evidence-Based Practice**
Utilize current research to inform patient treatment allowing for guided decision-making.

SKILLS

Psychiatric evaluation and assessment	
<u>Medication management</u>	
<u>Individualized treatment planning</u>	
<u>Patient education</u>	<u>Collaboration</u>
<u>Documentation</u>	<u>Crisis intervention</u>
<u>Quality improvement</u>	
<u>Clinical best practices</u>	<u>Leadership</u>
<u>Mental health promotion</u>	
<u>Interdisciplinary teamwork</u>	
<u>Ethical compliance</u>	
<u>Treatment monitoring</u>	
Counseling techniques	

SUMMARY

Compassionate Psychiatric Nurse Practitioner with a commitment to improving mental health outcomes. Past experience included developing individualized treatment plans and conducting thorough psychiatric evaluations. Strong background in medication management, educating patients and families, and collaborating with multidisciplinary teams. Proud to promote mental wellness through evidence-based practices and quality improvement initiatives. Ready to contribute leadership skills garnered from mentoring peers and positively impacting patient care at HealthFirst Medical Group.

EXPERIENCE

Psychiatric Nurse Practitioner

Wellness Clinic June 2023 - Present Worcester, MA

- As a Psychiatric Nurse Practitioner at Wellness Clinic, manage comprehensive mental health care across diverse populations. Specialize in therapeutic sessions that improve outcomes for complex cases. Degree programs shaped an understanding of psychotropic medication usage and compliance challenges.
- Deliver high-quality psychiatric care ensuring individualized treatment approaches.
 - Conduct detailed psychiatric assessments collaborating with healthcare teams.
 - Prescribe and monitor medication regimens based on patient response, adjusting as necessary.
 - Educate patients and families about mental health conditions and self-management strategies.
 - Maintain comprehensive and compliant patient records adhering to standards.
 - Lead quality improvement initiatives enhancing operational efficiency within the department.

Psychiatric Nurse Practitioner

Healing Minds Center January 2021 - May 2023 Amherst, MA

- Contributed as a Psychiatric Nurse Practitioner focusing on delivering compassionate care. Collaborated closely with interdisciplinary teams creating tailored treatment plans while using evidence-backed methods. Developed hands-on experience evaluating mental health issues and monitoring progress.
- Provided care via evidence-based practices addressing various mental health disorders.
 - Collaborated with interdisciplinary professionals implementing personalized treatment plans.
 - Conducted psychiatric evaluations; implemented findings to guide treatment protocols.
 - Managed ongoing medication therapy and monitored evolving patient outcomes.
 - Engaged in workshops elevating awareness concerning contemporary psychiatric practices.
 - Mentored junior staff fostering team capabilities and improving patient care quality.

Registered Nurse

Sunrise Health Services August 2019 - December 2020 Springfield, MA

- Supported recovery among psychiatric patients at Sunrise Health Services. Provided direct care facilitating faster recoveries and collaborated with allied healthcare members overseeing integrated patient care.
- Assisted psychiatric patients managing direct mix of care and emotional support.
 - Co-developed patient care plans through effective collaboration with healthcare professionals.
 - Conducted mental health assessments aiding interventions during crucial moments.
 - Educated patients and family members focused on grasping mental health matters.
 - Documented patient progress contributing insights during multidisciplinary team meetings.
 - Participated in training programs refining nursing skills geared towards psychiatry.

LEADERSHIP & AWARDS

- Dean's List, University of Massachusetts Amherst (2018, 2019)
- Outstanding Clinical Performance Award, Springfield College (2018)

LANGUAGES

English	Native
Spanish	Intermediate

MY CAREER



● Psychiatric Nurse
Practitioner at Wellness Clinic
(3.1 Years)

● Psychiatric Nurse
Practitioner at Healing Minds
Center (2.3 Years)

● Registered Nurse at Sunrise
Health Services (1.3 Years)

EDUCATION

Master of Science in Nursing, Psychiatric Mental Health

University of Massachusetts Amherst 🎓 GPA: 3.8 📅 2020 📍 Amherst, MA

Coursework: Psychopharmacology, Advanced Pathophysiology, Clinical Nursing Practice, Research Methods

Bachelor of Science in Nursing

Springfield College 🎓 GPA: 3.7 📅 2018 📍 Springfield, MA

Coursework: Fundamentals of Nursing, Health Assessment, Community Health, Pediatric Nursing

CERTIFICATIONS

- Board Certified Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) 📅 2020
- Basic Life Support (BLS) 📅 2021
- Advanced Cardiovascular Life Support (ACLS) 📅 2021

TECHNICAL SKILLS

- **Clinical Software Tools:** Epic, Cerner, MediTech
- **Assessment Tools:** HAM-D, BDI, DSM-5
- **Medication Management Systems:** RxCalc, Medscape, UpToDate
- **Research Methods:** Qualitative analysis, Surveys, Focus groups
- **Patient Safety Protocols:** HIPAA, JCAHO, OSHA
- **Evidence-Based Guidelines:** APA guidelines, AANP criteria, Cochrane reviews
- **Therapeutic Modalities:** CBT, DBT, EMDR
- **Community Collaboration Tools:** Partnership development, Resource mobilization, Program evaluation
- **Training and Development Programs:** Staff mentorship, Continuing education, Peer supervision
- **Regulatory Compliance:** Medicaid regulations, State licensing, Patient confidentiality

PROFESSIONAL AFFILIATIONS

- Member, American Psychiatric Nurses Association
- Volunteer, Mental Health Awareness Campaign

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST