

Joy Petersen

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SUMMARY

Dedicated Registered Dietitian with hands-on experience in clinical nutrition and patient care. Specialized in Medical Nutrition Therapy, providing tailored dietary plans for diverse patient populations in acute care settings. Proven ability to collaborate with healthcare teams to enhance patient outcomes through evidence-based practices and quality improvement initiatives. Developed engaging educational materials that empowered patients, families, and staff on nutrition and lifestyle strategies for long-term wellness. Eager to contribute expertise at Morrison Healthcare, fostering recovery and promoting exceptional dietary care.

EDUCATION

Bachelor of Science in Nutrition and Dietetics

2026

Georgia State University GPA: 3.8

Atlanta, GA

Coursework: Medical Nutrition Therapy, Nutritional Biochemistry, Community Nutrition, Dietetic Practice Management

TECHNICAL SKILLS

- **Nutrition Software:** NutritionCalc, MyFitnessPal, NutriGenie
- **Statistical Analysis Tools:** SPSS, R, SAS
- **Presentation Software:** PowerPoint, Prezi, Canva
- **Collaboration Platforms:** Slack, Microsoft Teams, Zoom
- **Food Management Systems:** Meditech, Epic, Cerner
- **Educational Resources:** Peer-Reviewed Journals, CDR Guidelines, Online Webinars
- **Patient Management Software:** CareManager, PatientTrack, ChartMaker
- **Nutrient Analysis Tools:** DietAnalyzer, AnalyzeMyPlate, Food Processor
- **Project Management Tools:** Asana, Trello, JIRA
- **Research Methodologies:** Quantitative Analysis, Qualitative Analysis, Experimental Design

SKILLS

- Clinical Nutrition
- Patient Education
- Evidence-Based Practice
- Quality Improvement
- Data Analysis
- Team Collaboration
- Nutritional Assessment
- Research Skills
- Community Outreach
- Healthcare Communication
- Wellness Planning
- Health Promotion
- Interpersonal Skills

EXPERIENCE

Clinical Dietitian

May 2025 - Present

University Project

Remote

Engaged as a Clinical Dietitian in a simulated environment, supporting nutritional assessments and developing personalized care plans for various health conditions. Collaborated cross-functionally with a team focusing on quality improvement metrics, enhancing patient satisfaction during simulations.

- Conducted comprehensive nutritional assessments based on health conditions in project scenarios.
- Developed educational materials on nutrition, increasing peer knowledge and practical application in the field.
- Implemented evidence-based guidelines, ensuring adherence to best practices throughout simulation exercises.
- Collaborated with multidisciplinary teams to review quality metrics, refining student outcomes and experiences.
- Mentored junior students in assessment techniques, helping them build vital clinical skills.
- Participated in workshops centered around emerging trends to stay current in the field.

Nutrition Research Assistant

January 2025 - May 2025

Academic Research

Remote

Assisted with impactful research projects surrounding dietary patterns, significantly contributing to chronic disease management insights. Supported faculty in creating academic presentations by analyzing data and synthesizing findings.

- Collected and analyzed data from dietary surveys, bolstering research findings and conclusions.
- Collaborated closely with faculty to prepare presentations, boosting visibility for the research initiative.
- Engaged in profound literature reviews, infusing evidence-based principles into our study context.
- Developed resources sharing important insights from research, positively impacting the academic community.
- Presented findings to stakeholders, reinforcing the connection between nutrition and chronic disease management.

- Contributed actively to discussions concerning research direction and methodologies.

Dietetic Intern

August 2024 - December 2024

Student Lab

Atlanta, GA

Completed immersive clinical rotations within diverse healthcare environments, acquiring hands-on experience in dietetic counseling and patient care. Engaged vitally with clients, personalizing dietary assessments and modifying care plans based on evaluations.

- Conducted patient interviews, developing customized nutrition plans under supervision by experienced mentors.
- Participated in team discussions regarding patient progress, actively adapting plans based on the dialogue.
- Took part in community health workshops designed to educate and empower local populations about nutrition.
- Worked on enhancing service delivery through participation in quality improvement projects focused on nutrition accountability.
- Cultivated positive rapport with patients, consistently receiving feedback for effective communication.
- Demonstrated adaptability and eagerness to learn in rapidly evolving healthcare setting.

LEADERSHIP & AWARDS

- Dean's List, Georgia State University (2024-2026)
- Recipient of the Nutrition Scholarship Award (2025)

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN)  2026
- Basic Life Support (BLS) Certification  2026

PROFESSIONAL AFFILIATIONS

- Member of the Student Dietetic Association, Georgia State University
- Volunteer, Local Food Bank, Atlanta, GA

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST