



# Sophia Martinez

## Registered Nurse Case Manager

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### STRENGTHS

- Communication**  
Effectively facilitates pediatric and adult care discussions, enhancing trust between patients and staff.
- Critical Thinking**  
Demonstrated through rapid assessment adjustments during patient emergencies enhances patient safety significantly.
- Patient Advocacy**  
Proactively pursue resources and support for vulnerable patients, promoting their health and wellbeing.
- Mentorship**  
Possess proven success in guiding novice practitioners, fostering an engaging learning environment.
- Team Collaboration**  
Develop meaningful relationships within the multidisciplinary team, resulting in improved collective decisions.

### SKILLS

Patient Care Coordination

Assessment Skills

Medication Management

Discharge Planning

Multidisciplinary Collaboration

Patient Education

Care Plan Development

Crisis Management Data Analysis

Hospital Policies

### SUMMARY

Dedicated Registered Nurse with 5 years in inpatient case management seeks to leverage expertise at Aspen Healthcare Solutions. Proficient at coordinating care within multidisciplinary teams while ensuring patient advocacy and comprehensive support throughout their healthcare journeys. Experienced in critical care settings, excelling in conducting clinical assessments needed for complex discharge planning. Passionate about leading educational initiatives and mentoring peers, contributing directly to enhanced patient experiences and outcomes. Eager to promote compassionate, person-centered care and collaborate with a dedicated team toward continuous professional growth and superior health outcomes.

### EXPERIENCE

#### Senior Registered Nurse

Northwestern Memorial Hospital 📅 June 2021 - Present 📍 Chicago, IL

Lead multidisciplinary teams to deliver quality inpatient care, ensuring effective communication and coordination across the continuum. Facilitate daily rounds for assessing patient needs and collaborating on treatment plans.

- Advocate for patients by promoting timely communication between departments and external resources.
- Conduct thorough patient assessments, focusing on complex discharge needs.
- Utilize critical thinking skills in managing a diverse patient population and developing tailored care plans.
- Mentor junior staff and guide ongoing education efforts to enhance nursing practices.

#### Case Manager

Memorial Medical Center 📅 May 2018 - May 2021 📍 Springfield, IL

Handled all aspects of case management for a caseload of acute and chronically ill patients. Partnered with healthcare professionals to enhance patient care strategies and results.

- Facilitated clear communication among medical staff to effectively coordinate complex patient care.
- Initiated educational workshops for both patients and families to streamline discharge processes safely.
- Engaged actively in daily patient rounds while identifying barriers that hindered care coordination.
- Supported professional development of colleagues through structured mentorship and training.

#### Registered Nurse

St. John's Hospital 📅 April 2016 - April 2018 📍 Springfield, IL

Gained hands-on experience in inpatient care, honing clinical assessment abilities while consistently supporting team goals and objectives.

- Participated in interdisciplinary meetings to influence patient care positively.
- Contributed insightfully to discussions regarding best practices and quality improvement initiatives.
- Assisted in caring for patients' unique needs, ensuring dignity and respect.
- Collaborated with healthcare leaders to implement new procedures aimed at improving patient outcomes.

### LEADERSHIP & AWARDS

- 2020 Illinois State Nursing Excellence Award
- 2019 Emerging Nurse Leader Award from the Illinois Nurses Association

## LANGUAGES

English Native

Spanish Proficient

## MY CAREER



● Senior Registered Nurse at Northwestern Memorial Hospital (4.9 Years)

● Case Manager at Memorial Medical Center (3 Years)

● Registered Nurse at St. John's Hospital (2 Years)

## EDUCATION

### Bachelor's Degree in Nursing

University of Illinois Urbana-Champaign 🎓 GPA: 3.9 📅 2018 📍 Champaign, IL

**Coursework:** *Clinical Care, Patient Advocacy, Care Coordination, Health Education*

## CERTIFICATIONS

- Registered Nurse License 📅 2016
- Basic Life Support (BLS) 📅 2020

## TECHNICAL SKILLS

- **Clinical Tools:** EPIC, Cerner, Allscripts
- **Patient Management Systems:** eHealth, Meditech, OnBase
- **Communication Tools:** Microsoft Teams, Zoom, Slack
- **Educational Platforms:** WebEx, Google Classroom, Canvas
- **Database Management Systems:** SQL, Access, Oracle
- **Quality Improvement Tools:** Lean Six Sigma, PDSA, Kaizen
- **Statistical Software:** SPSS, SAS, R
- **Remote Monitoring Tools:** Telehealth Apps, Pager Apps, Wearable Devices
- **Electronic Documentation Systems:** PointClickCare, AdmitHub, eMAR
- **Decision Support Systems:** Clinical Decision Trees, Guidelines MD, DiagnosisPro

## PROFESSIONAL AFFILIATIONS

- Member, American Nurses Association
- Chairperson, Springfield Nursing Peer Review Committee

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST