

Maci Cummings

Registered Nurse II, Postpartum

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STRENGTHS

- 💡 **Clinical judgment**
Recognizes abnormal bleeding, blood pressure, pain, and infection indicators, then communicates concerns through appropriate clinical pathways.
- 👥 **Family education**
Uses clear bedside teaching and teach back methods so families can act on recovery and newborn care instructions.
- 🌙 **Night shift focus**
Prioritizes admissions, discharges, and changing acuity calmly on nights, when organized decisions matter most.
- 🔗 **Team connection**
Keeps providers and support teams aligned through concise updates, practical handoffs, and direct follow through.
- 👤 **Nurse coaching**
Shares practical workflow guidance with newly oriented nurses, helping peers gain confidence during postpartum care.

SKILLS

Postpartum Nursing

Mother Baby Care Acute Care

Maternal Assessment

Care Planning

Medication Administration

Patient Education

Clinical Documentation

Discharge Teaching

Interdisciplinary Coordination

Night Shift Nursing

SUMMARY

Registered Nurse with more than four years of acute care experience across postpartum, mother baby, and medical surgical settings. Provides autonomous nursing care through focused assessment, individualized planning, medication administration, treatment delivery, **clinical documentation**, patient education, and outcome evaluation. Supports postpartum patients and families with recovery teaching, warning signs, newborn safety, feeding plans, follow up needs, and discharge preparation. Recognizes changes in maternal condition and communicates concise updates with obstetric providers, pediatric clinicians, lactation consultants, pharmacy, social services, and other interdisciplinary partners. Brings steady night shift judgment, organized handoffs, accurate electronic records, and practical coaching for newer nurses. California licensed Registered Nurse with a Bachelor of Science in Nursing, current **Healthcare Provider Basic Life Support**, and current **American Academy of Pediatrics Neonatal Resuscitation Provider** certification.

EXPERIENCE

Registered Nurse II, Postpartum

Capital Women's Medical Center 📅 January 2025 - Present 📍 Sacramento, CA

- Leads night shift postpartum nursing for mother baby patients in an acute teaching hospital. Manages autonomous assessment, individualized care planning, medication delivery, treatment evaluation, education, documentation, escalation, and interdisciplinary coordination. Coaches newly oriented nurses through practical support with workflows, handoffs, and safe bedside practice.
- Completed focused **postpartum assessments** and updated individualized plans for assigned mother baby patients.
 - Administered medications and treatments, evaluated responses, and escalated abnormal clinical findings promptly.
 - Delivered **discharge teaching** about recovery, warning signs, medications, follow up care, and **newborn safety**.
 - Coordinated obstetric, pediatric, lactation, pharmacy, and social service support for patient needs.
 - Documented assessments, interventions, education, **medication administration**, and **patient responses** in electronic records.
 - Coached newly oriented nurses on mother baby workflows, **structured handoffs**, and postpartum policies.

Registered Nurse, Mother Baby

Riverbend University Hospital 📅 July 2023 - December 2024 📍 Davis, CA

- Delivered mother baby nursing care within a **teaching hospital** environment, balancing maternal assessments, newborn related education, admissions, discharges, and changing acuity. Built strong provider and team connections through concise clinical communication, organized handoffs, medication safety, and coordinated discharge preparation across night and weekend shifts.
- Delivered acute **mother baby care** while integrating maternal assessments with newborn related education.
 - Identified changes in **postpartum** recovery and communicated concise clinical updates for timely provider evaluation.
 - Used medication safety checks and electronic medication records during therapy delivery and response documentation.
 - Reinforced feeding plans and newborn care teaching with lactation and **pediatric teams**.
 - Prepared **discharge teaching** covering follow up instructions, warning signs, and documented patient needs.
 - Maintained organized handoffs while prioritizing admissions, discharges, and changing acuity on nights.

Newborn Safety Clinical Escalation

Electronic Records Care Evaluation

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Registered Nurse II, Postpartum at Capital Women's Medical Center (1.7 Years)

● Registered Nurse, Mother Baby at Riverbend University Hospital (1.4 Years)

● Registered Nurse, Medical Surgical at North Valley Medical Center (1 Years)

Registered Nurse, Medical Surgical

North Valley Medical Center 📅 June 2022 - June 2023 📍 Chico, CA

Managed adult acute care assignments that established disciplined assessment, medication administration, documentation, escalation, education, and care coordination practices. Worked with physicians, pharmacy, case management, and therapy services while developing reliable handoffs and clinical judgment later applied in mother baby nursing.

- Managed adult **acute care** assignments using structured assessment, medication, documentation, and escalation practices.
- Completed head to toe assessments and recognized changes requiring provider notification or reassessment.
- Administered oral, intravenous, and subcutaneous medications with barcode and electronic safeguards.
- Coordinated **physicians, pharmacy**, case management, and therapy services around daily care plans.
- Used teach back education for **medications**, recovery needs, and discharge instructions with families.
- Strengthened shift continuity through **structured handoffs** and accurate documentation of unresolved clinical needs.

PROJECTS

Postpartum Discharge Education Workflow 📅 2026

Created a practical bedside education workflow for postpartum recovery, warning signs, medications, follow up care, and newborn safety. Clear sequencing supported consistent teaching across night shift handoffs and discharge preparation.

Mother Baby Clinical Handoff Practice 📅 2024

Refined shift handoff structure for maternal status, newborn considerations, feeding plans, unresolved needs, and escalation concerns. Organized communication helped connect nurses, providers, and support teams during changing acuity.

LEADERSHIP & AWARDS

- Postpartum Nursing Leadership, coached newly oriented nurses through mother baby workflows, bedside education, and safe handoffs.
- Clinical Collaboration Recognition, built dependable working relationships with obstetric, pediatric, lactation, pharmacy, and support teams.

EDUCATION

Bachelor of Science in Nursing

California State University, Sacramento 🎓 GPA: 4.0 📅 2022 📍 Sacramento, CA

Coursework: Maternal assessment, pharmacology, nursing care planning, patient education

CERTIFICATIONS

- Registered Nurse, California 📅 2022
- Healthcare Provider Basic Life Support 📅 2026
- Neonatal Resuscitation Provider, American Academy of Pediatrics 📅 2026

TECHNICAL SKILLS

- **Postpartum Care:** Postpartum assessments, mother baby care, newborn safety
- **Nursing Process:** Care planning, implementation, outcome evaluation
- **Medication Systems:** Medication administration, barcode safeguards, electronic medication records
- **Clinical Documentation:** Electronic documentation, intervention records, response records
- **Patient Education:** Discharge teaching, teach back, recovery education
- **Maternal Assessment:** Bleeding assessment, blood pressure assessment, infection indicators
- **Resuscitation Standards:** Basic Life Support, Neonatal Resuscitation Provider, American Academy of Pediatrics

- **Clinical Communication:** Provider updates, structured handoffs, escalation communication
- **Interdisciplinary Care:** Obstetrics, pediatrics, lactation consultation
- **Acute Care Practice:** Medical surgical nursing, acute care assignments, clinical reassessment
- **Care Coordination:** Pharmacy coordination, social services, case management
- **Shift Operations:** Night shift nursing, weekend coverage, holiday coverage

PROFESSIONAL AFFILIATIONS

- California Board of Registered Nursing, active California Registered Nurse license.
- American Academy of Pediatrics, Neonatal Resuscitation Provider community.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST