

# Millie Chang

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## SUMMARY

Compassionate and dedicated Registered Nurse with over 4 years of experience in Labor and Delivery. Proven expertise in providing comprehensive care for antepartum, intrapartum, and postpartum patients. Adept at collaborating with multidisciplinary teams to develop and implement effective care plans, enhancing patient outcomes through critical thinking and advocacy. Managed several high-risk cases while ensuring adherence to safety protocols and hospital policies. Embraced quality assurance initiatives that significantly improved patient satisfaction scores. Holds current Illinois RN License and certifications in NRP, BLS, and ACLS, with a strong commitment to quality assurance and patient safety.

## EXPERIENCE

### Capstone Project Developer

January 2025 - May 2026

University Project

Chicago, IL

Developed and executed a comprehensive care plan for simulated patients in the Capstone project, reflecting real-world nursing practices and scenarios, while fostering collaborative teamwork among nursing students.

- Conducted patient education sessions focusing on discharge instructions, medication management, and postpartum care.
- Collaborated effectively with peers to assess and document patient care scenarios in an electronic health record system.
- Implemented quality improvement measures that enhanced compliance with infection control standards.
- Engaged in peer reviews evaluating clinical decision-making processes and patient outcome documentation.
- Presented innovative approaches to labor and delivery nursing care at a university symposium.
- Utilized evidence-based practices throughout the development of patient care plans.

### Research Assistant

September 2024 - December 2024

Student Lab

Chicago, IL

Contributed instrumental research on interventions for high-risk pregnancies, utilizing data analysis to identify patterns related to maternal and fetal wellness.

- Assisted with fetal monitoring sessions adhering to NICHD guidelines, gaining practical insights into labor and delivery dynamics.
- Collaborated with faculty to create educational resources promoting lactation support and infant care.
- Participated actively in community outreach programs educating expectant mothers about prenatal care.
- Documented research findings meticulously contributing to potential publication efforts.
- Analyzed historical patient data identifying key risk factors for complications during pregnancy.
- Supported simulation exercises helping nursing students strengthen their clinical skills.

## LEADERSHIP & AWARDS

- Recipient of the Excellence in Clinical Practice Award from University of Illinois nursing program.
- Led the Student Nurses' Association as President in 2024, promoting student engagement and professional development.

## EDUCATION

### Bachelor's Degree in Nursing

2025

University of Illinois at Chicago GPA: 3.9

Chicago, IL

*Coursework: Clinical Practice, Pharmacology, Patient Care Technology, Healthcare Ethics*

## CERTIFICATIONS

- Basic Life Support (BLS) 2025
- Neonatal Resuscitation Program (NRP) 2025

## TECHNICAL SKILLS

- Monitoring Tools:** Fetal Monitoring, Electronic Fetal Monitoring, Vital Signs Tracking
- Documentation Software:** Epic, Cerner, Meditech
- Healthcare Standards:** NICHD guidelines, State Nursing Regulations, Informed Consent Protocols
- Emergency Response Protocols:** Rapid Response Teams, Code Blue Procedure, Crisis Management Plans
- Infection Control Techniques:** Hand Hygiene Practices, PPE Use, Sterilization Methods
- Patient Assessment Techniques:** Physical Exams, Chart Reviews, Psychosocial Evaluations
- Care Planning Methodologies:** Evidence-based Practices, Interdisciplinary Collaboration, Patient-Centered Approaches

- **Quality Improvement Frameworks:** Plan-Do-Study-Act, Root Cause Analysis, Process Optimization
- **Patient Safety Standards:** Adverse Event Reporting, Safety Culture Assessments, Patient Satisfaction Surveys
- **Clinical Training Programs:** Simulation Labs, Clinical Rotations, Continuing Education Courses

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## SKILLS

- Labor and Delivery Care
- Patient Education
- Critical Thinking
- Electronic Health Records (EHR)
- Quality Assurance
- Team Collaboration
- Patient Advocacy
- Infection Control

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## PROFESSIONAL AFFILIATIONS

- Active member of the Illinois Nurses Association.
- Volunteer nurse with Susan G. Komen Foundation supporting breast cancer awareness.

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## LANGUAGES

- English (Native)
- Spanish (Intermediate)

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## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

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## REFERENCES

AVAILABLE ON REQUEST