



# Millie Chang

Registered Nurse

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## STRENGTHS

- Empathetic Communication**  
Leveraged communication to provide emotional support to patients undergoing labor, reinforcing trust and comfort through verbal reassurance.
- Critical Thinking**  
Evaluated complex patient conditions fast, making decisions that directly influenced positive outcomes in high-pressure situations.
- Team Leadership**  
Championed teamwork in high-stress environments, fostering cohesion among colleagues and achieving shared patient goals.
- Patient Advocacy**  
Actively advocated for patient needs concerning pain management and comfort levels, leading to higher satisfaction.
- Quality Improvement Initiatives**  
Played a key role in instituting quality checks that improved patient safety metrics within maternity services.

## SKILLS

Labor and Delivery Care

Patient Education Critical Thinking

Electronic Health Records (EHR)

Quality Assurance

Team Collaboration

Patient Advocacy Infection Control

## LANGUAGES

English Native

Spanish Intermediate

## SUMMARY

Compassionate and dedicated Registered Nurse with over 4 years of experience in Labor and Delivery. Proven expertise in providing comprehensive care for antepartum, intrapartum, and postpartum patients. Adept at collaborating with multidisciplinary teams to develop and implement effective care plans, enhancing patient outcomes through critical thinking and advocacy. Managed several high-risk cases while ensuring adherence to safety protocols and hospital policies. Embraced quality assurance initiatives that significantly improved patient satisfaction scores. Holds current Illinois RN License and certifications in NRP, BLS, and ACLS, with a strong commitment to quality assurance and patient safety.

## EXPERIENCE

### Capstone Project Developer

University Project 📅 January 2025 - May 2026 📍 Chicago, IL

Developed and executed a comprehensive care plan for simulated patients in the Capstone project, reflecting real-world nursing practices and scenarios, while fostering collaborative teamwork among nursing students.

- Conducted patient education sessions focusing on discharge instructions, medication management, and postpartum care.
- Collaborated effectively with peers to assess and document patient care scenarios in an electronic health record system.
- Implemented quality improvement measures that enhanced compliance with infection control standards.
- Engaged in peer reviews evaluating clinical decision-making processes and patient outcome documentation.
- Presented innovative approaches to labor and delivery nursing care at a university symposium.
- Utilized evidence-based practices throughout the development of patient care plans.

### Research Assistant

Student Lab 📅 September 2024 - December 2024 📍 Chicago, IL

Contributed instrumental research on interventions for high-risk pregnancies, utilizing data analysis to identify patterns related to maternal and fetal wellness.

- Assisted with fetal monitoring sessions adhering to NICHD guidelines, gaining practical insights into labor and delivery dynamics.
- Collaborated with faculty to create educational resources promoting lactation support and infant care.
- Participated actively in community outreach programs educating expectant mothers about prenatal care.
- Documented research findings meticulously contributing to potential publication efforts.
- Analyzed historical patient data identifying key risk factors for complications during pregnancy.
- Supported simulation exercises helping nursing students strengthen their clinical skills.

## LEADERSHIP & AWARDS

- Recipient of the Excellence in Clinical Practice Award from University of Illinois nursing program.
- Led the Student Nurses' Association as President in 2024, promoting student engagement and professional development.

## EDUCATION

### Bachelor's Degree in Nursing

University of Illinois at Chicago 🎓 GPA: 3.9 📅 2025 📍 Chicago, IL

**Coursework:** Clinical Practice, Pharmacology, Patient Care Technology, Healthcare Ethics

## MY CAREER

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● Capstone Project Developer at University Project (1.3 Years)

● Research Assistant at Student Lab (3 Months)

## CERTIFICATIONS

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- Basic Life Support (BLS) 📅 2025
- Neonatal Resuscitation Program (NRP) 📅 2025

## TECHNICAL SKILLS

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- **Monitoring Tools:** Fetal Monitoring, Electronic Fetal Monitoring, Vital Signs Tracking
- **Documentation Software:** Epic, Cerner, Meditech
- **Healthcare Standards:** NICHD guidelines, State Nursing Regulations, Informed Consent Protocols
- **Emergency Response Protocols:** Rapid Response Teams, Code Blue Procedure, Crisis Management Plans
- **Infection Control Techniques:** Hand Hygiene Practices, PPE Use, Sterilization Methods
- **Patient Assessment Techniques:** Physical Exams, Chart Reviews, Psychosocial Evaluations
- **Care Planning Methodologies:** Evidence-based Practices, Interdisciplinary Collaboration, Patient-Centered Approaches
- **Quality Improvement Frameworks:** Plan-Do-Study-Act, Root Cause Analysis, Process Optimization
- **Patient Safety Standards:** Adverse Event Reporting, Safety Culture Assessments, Patient Satisfaction Surveys
- **Clinical Training Programs:** Simulation Labs, Clinical Rotations, Continuing Education Courses

## PROFESSIONAL AFFILIATIONS

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- Active member of the Illinois Nurses Association.
- Volunteer nurse with Susan G. Komen Foundation supporting breast cancer awareness.

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST