

Ali Myers

Registered Nurse Manager, Child and Adolescent Psychiatry

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Ann Arbor, MI 48104

STRENGTHS

- Crisis Response**
During agitation and self harm risk, used calm de escalation and safety plans, helping patients regain stability.
- Shift Leadership**
Charge coverage brought structure to busy evenings, and support staff knew where priorities stood.
- Medication Safety**
Reviewed records and controlled medication steps carefully; peers sought help when discrepancies appeared.
- Family Communication**
Clear updates helped families feel heard during difficult admissions, treatment changes, and transition planning.
- Youth Focused Care**
Child and adolescent assignments called for patience and flexibility, with therapeutic boundaries guiding each interaction.

SKILLS

- Psychiatric Nursing
- Child Adolescent Health
- Charge Nursing
- Medication Administration
- Patient Assessment
- Crisis De escalation
- Treatment Planning
- Clinical Documentation
- Staff Coordination
- Patient Safety
- Family Communication
- Behavioral Health
- Nursing Operations

SUMMARY

Registered Nurse Manager with five years of nursing experience through September 2026, including progressive leadership in inpatient behavioral health and child and adolescent psychiatric care. Michigan licensed RN with a **Bachelor of Science in Nursing**, active Michigan driver license, **medication administration** expertise, charge nurse coverage, and practical knowledge of safe psychiatric operations. Coordinates **twelve hour shifts**, guides registered nurses and behavioral health technicians, responds to behavioral crises, and maintains accurate clinical documentation. Supports youth focused therapeutic care, **interdisciplinary treatment planning**, family communication, medication safety, admissions, transfers, and unit workflow decisions. Calm clinical judgment, culturally responsive care, clear handoffs, and consistent patient safety practices support dependable outcomes. Ready to combine direct nursing care, staff guidance, and shift administration at Northbridge Behavioral Health Center.

EXPERIENCE

- Registered Nurse Manager, Adolescent Behavioral Health**
Lakeshore Youth Behavioral Center January 2025 - Present Ann Arbor, MI
Leads nursing operations for a 24 bed adolescent **behavioral health** unit, combining direct assessment and medication administration with shift coordination, staff guidance, crisis response, and unit administration. Supports safe care delivery across changing acuity, observation needs, admissions, transfers, and treatment priorities.
 - Directed twelve hour nursing coverage for a 24 bed adolescent unit, sustaining safe therapeutic operations.
 - Assigned **registered nurses** and **behavioral health technicians** by acuity, observation status, admissions, and treatment needs.
 - Applied de escalation practices and individualized **safety plans** during **behavioral crises**, protecting dignity and unit safety.
 - Reviewed medication records and controlled medication processes, resolving discrepancies before continuity of care suffered.
 - Coached nurses through case review on psychiatric assessment, therapeutic boundaries, **family communication**, and documentation.
 - Supported admissions, transfers, staffing changes, and high acuity periods through clear interdisciplinary coordination.
- Psychiatric Registered Nurse, Inpatient Behavioral Health**
Maple Ridge Psychiatric Services July 2021 - December 2024 Grand Rapids, MI
Provided inpatient **psychiatric nursing** for adolescent and adult patients while serving as relief charge nurse during evening and overnight rotations. Combined assessment, **medication administration**, safety monitoring, treatment documentation, patient education, and interdisciplinary communication across changing clinical conditions.
 - Delivered inpatient psychiatric assessments, medication passes, safety checks, and treatment plan documentation for patients.
 - Served as relief **charge nurse**, organizing assignments and priorities with support staff and on call providers.
 - Evaluated status after medication changes or acute events, escalating clinically significant findings to prescribers.
 - Used trauma informed communication and de escalation during agitation, self harm risk, and interpersonal conflict.
 - Prepared **handoffs** covering risk status, medications, observations, family concerns, and transition needs.
 - Shared nursing observations during interdisciplinary rounds, strengthening education about medications, coping, and follow up care.

PROJECTS

Youth Psychiatric Safety Workflow 2026

Interdisciplinary Care

Michigan RN License

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Registered Nurse Manager, Adolescent Behavioral Health at Lakeshore Youth Behavioral Center (1.7 Years)

● Psychiatric Registered Nurse, Inpatient Behavioral Health at Maple Ridge Psychiatric Services (3.4 Years)

Mapped observation, handoff, medication, and escalation workflows for adolescent care. The work centered on clearer communication, safer transitions, and respectful support during vulnerable moments.

Behavioral Health Shift Coordination 📅 2025

Created a practical shift coordination model linking acuity, assignments, admissions, and support coverage. Approach helped staff see priorities clearly during demanding psychiatric operations.

LEADERSHIP & AWARDS

- Recognized for dependable charge nurse coverage during evening and overnight psychiatric operations.
- Selected by peers as a trusted resource for adolescent crisis response and medication safety.
- Commended for calm clinical judgment, clear handoffs, and respectful family communication.

EDUCATION

Bachelor of Science in Nursing

Eastern Michigan University 🎓 GPA: 4.0 📅 2021 📍 Ypsilanti, MI

Coursework: *Psychiatric Nursing, Pharmacology, Health Assessment, Community Health Nursing*

CERTIFICATIONS

- Registered Nurse, Michigan 📅 2021
- Basic Life Support 📅 2026
- Michigan Driver's License 📅 2026

TECHNICAL SKILLS

- **Clinical Nursing:** Psychiatric nursing, patient assessment, therapeutic communication
- **Medication Management:** Medication administration, medication reconciliation, controlled medications
- **Behavioral Health Care:** Crisis de escalation, safety planning, observation status
- **Patient Documentation:** Clinical documentation, treatment plans, nursing handoffs
- **Shift Operations:** Charge nursing, staffing assignments, unit administration
- **Care Coordination:** Interdisciplinary rounds, admissions, transfers
- **Patient Safety:** Risk assessment, self harm precautions, incident response
- **Communication Systems:** Family communication, provider escalation, shift reports
- **Licensure Standards:** Michigan RN license, Michigan Board of Nursing, nursing scope
- **Screening Requirements:** Background checks, TB testing, drug testing

PROFESSIONAL AFFILIATIONS

- Michigan Nurses Association, professional nursing member focused on patient safety and practice growth.
- Behavioral Health Nursing Community, participant supporting psychiatric care learning and peer exchange.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST