

STRENGTHS

- Crisis Response**
During behavioral emergencies, used calm de escalation and clear safety steps so patients and staff could regain control.
- Staff Coaching**
New nurses received practical guidance during supervised workflows, and peers soon sought advice on difficult psychiatric situations.
- Medication Safety**
Medication reviews connected records, pharmacy questions, and prescriber follow up, helping resolve discrepancies before they affected care.
- Family Communication**
Family conversations became clearer through patient education, treatment updates, and respectful attention to concerns during stressful admissions.
- Unit Coordination**
Shift assignments matched acuity and competency, giving nurses and auxiliary personnel a steadier path through busy coverage.

SKILLS

- Psychiatric nursing
- Child and adolescent care
- Charge nursing Staff supervision
- Medication administration
- Crisis response De escalation
- Patient safety
- Therapeutic communication
- Treatment coordination
- Suicide precautions Patient rights
- Family communication

SUMMARY

Registered Nurse Manager with eight years of behavioral health nursing experience through September 2026, progressing from inpatient psychiatric RN to charge nurse and unit manager. Leads child and adolescent psychiatric operations across **12 hour shifts** while remaining involved in admissions, **medication administration**, crisis response, observation, documentation, and **direct patient care**. Michigan licensed RN with a Bachelor of Science in Nursing and practical experience supervising nurses, coordinating auxiliary personnel, supporting treatment planning, and communicating with families. Partners with psychiatrists, therapists, social workers, educators, pharmacy teams, and prescribers to maintain safe, consistent care. Brings calm clinical judgment, staff coaching, and administrative discipline that can support Harbor Ridge Behavioral Health Center through safe unit operations and compassionate psychiatric care.

EXPERIENCE

Nurse Manager, Child and Adolescent Services

Cedar Valley Behavioral Hospital July 2023 - Present Grand Rapids, MI

- Leads inpatient child and adolescent psychiatric nursing operations, staff coverage, medication workflows, crisis response, and multidisciplinary coordination. Maintains clinical visibility during admissions and high acuity events while guiding nurses and auxiliary personnel across 12 hour shifts.
- Led youth psychiatric admissions and crisis coverage, preserving clinical visibility during high acuity events.
 - Assigned nurses and auxiliary personnel across **12 hour shifts** using patient acuity and competency.
 - Reviewed **medication administration** records, resolving discrepancies with pharmacy teams and prescribing clinicians.
 - Coached staff on **de escalation**, suicide precautions, patient rights, and therapeutic communication.
 - Coordinated treatment activity with psychiatrists, therapists, social workers, educators, and families.
 - Used incident reviews and safety observations to strengthen unit procedures and patient protections.

Charge Registered Nurse

Northwood Psychiatric Services June 2020 - June 2023 Lansing, MI

- Coordinated inpatient psychiatric shifts, admissions, transfers, assignments, **medication administration**, behavioral emergencies, and structured handoffs. Supported auxiliary personnel and oriented new nurses through supervised workflows that protected safety and continuity of care.
- Coordinated shift assignments, admissions, transfers, and escalation for inpatient psychiatric patients.
 - Administered scheduled and PRN medications, then monitored therapeutic response and patient presentation.
 - Guided auxiliary personnel through observation, vital signs, milieu safety, and documentation workflows.
 - Led behavioral emergency response using **de escalation** and established safety procedures.
 - Prepared structured handoffs covering risk, medications, behavior, family concerns, and pending tasks.
 - Oriented new nurses through supervised psychiatric workflows and practical coaching.

Registered Nurse, Behavioral Health

Maple Shore Medical Center June 2018 - May 2020 Kalamazoo, MI

Delivered inpatient behavioral health nursing care through assessments, **medication administration**, care plan updates, patient education, observation protocols, and electronic documentation. Built charge readiness through admissions, discharge coordination, environmental

Clinical documentation

Multidisciplinary care

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Nurse Manager, Child and Adolescent Services at Cedar Valley Behavioral Hospital (3.2 Years)

● Charge Registered Nurse at Northwood Psychiatric Services (3 Years)

● Registered Nurse, Behavioral Health at Maple Shore Medical Center (1.9 Years)

safety checks, and shift support.

- Completed behavioral health assessments, medication administration, care plan updates, and patient education.
- Monitored psychiatric and physical findings, escalating significant changes through established clinical channels.
- Maintained therapeutic environments through observation protocols and routine environmental safety checks.
- Documented assessments, interventions, responses, and medication outcomes in the EHR.
- Reinforced coping strategies and treatment expectations with patients and families.
- Built charge readiness through admissions, discharge tasks, and shift coordination.

PROJECTS

Youth Psychiatric Safety Rounds 📅 2024

Small observations often reveal larger safety patterns. Created a structured review approach for youth psychiatric rounds, linking observation findings, incident themes, environmental checks, and staff coaching into practical unit improvements.

Behavioral Health Handoff Standard 📅 2022

A handoff is where continuity either holds or breaks. Strengthened shift communication through a concise format covering risk, medications, behavior, family concerns, pending tasks, and escalation needs.

LEADERSHIP & AWARDS

- Recognized by nursing leadership for dependable charge coverage during high acuity psychiatric shifts.
- Received peer appreciation for patient centered crisis response and supportive coaching of new nurses.

EDUCATION

Bachelor of Science in Nursing

Western Michigan University 🎓 GPA: 3.5 📅 2018 📍 Kalamazoo, MI

Coursework: *Psychiatric nursing, pharmacology, mental health assessment, clinical leadership*

CERTIFICATIONS

- Registered Nurse, Michigan 📅 2018
- Basic Life Support 📅 2024

TECHNICAL SKILLS

- **Psychiatric Nursing:** Inpatient psychiatry, child and adolescent care, therapeutic communication
- **Medication Management:** Medication administration, PRN medications, medication reconciliation
- **Safety Procedures:** Suicide precautions, observation protocols, environmental checks
- **Crisis Care:** De escalation, behavioral emergencies, crisis response
- **Clinical Documentation:** EHR documentation, care plans, structured handoffs
- **Unit Operations:** Admissions, transfers, discharge coordination
- **Staff Leadership:** Nurse supervision, charge coverage, staff coaching
- **Patient Assessment:** Behavioral assessment, physical findings, risk monitoring
- **Care Coordination:** Psychiatrists, therapists, social workers
- **Compliance Screening:** Michigan RN license, TB screening, background investigation

PROFESSIONAL AFFILIATIONS

- Michigan Nurses Association member, supporting continued growth in professional nursing practice.
- Behavioral health nursing community participant, sharing practical approaches for psychiatric patient safety.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST