

STRENGTHS

- Calm Clinical Leadership**
During acute behavioral episodes, guided staff through clear roles and steady communication, helping patients return toward therapeutic care.
- Psychiatric Assessment**
Turned changing mental status findings into practical care priorities, giving interdisciplinary partners a clearer path for action.
- Medication Safety**
Checked responses after medication passes and raised concerns early. That habit supported safer decisions during demanding shifts.
- Staff Coaching**
Coached peers through assessment, boundaries, and dignity focused care. Colleagues often sought input during difficult patient situations.
- Shift Coordination**
Balanced acuity, observation levels, admissions, and assignments so each shift started with a workable plan for patients and staff.

SKILLS

- Psychiatric nursing
- Charge nursing
- Child and adolescent care
- Medication administration
- Patient assessment
- De escalation
- Staff supervision
- Clinical documentation
- Care planning
- Safety planning
- Inpatient psychiatry
- Unit administration
- Interdisciplinary communication

SUMMARY

Registered Nurse Manager with six years of inpatient psychiatric nursing experience through September 2026. Michigan licensed RN with a **Bachelor of Science in Nursing** and hands on leadership across child, adolescent, and adult behavioral health settings. Coordinates twelve hour psychiatric operations, **direct patient care**, medication administration, staffing assignments, admissions, treatment priorities, and unit administration. Guides psychiatric assessment, individualized care planning, de escalation, safety planning, clinical escalation, accurate documentation, and post incident follow up. Coaches nursing support staff through **culturally responsive communication**, trauma informed practice, patient dignity, professional boundaries, and safe care. Prepared to lead day or overnight operations, support interdisciplinary teams, and provide steady clinical direction for patients, families, and staff at **Northfield Behavioral Health Center**.

EXPERIENCE

Charge Nurse, Behavioral Health

Harbor Ridge Behavioral Services July 2023 - Present Grand Rapids, MI

Leads twelve hour psychiatric shifts across adolescent and adult inpatient care, balancing direct treatment, **medication administration**, staffing coordination, clinical escalation, documentation review, and coaching for **nursing support staff**.

- Directed twelve hour psychiatric shifts for adolescents and adults, preserving calm care during acute episodes.
- Matched RN and support assignments with acuity, observation levels, admissions, and treatment priorities.
- Administered medications, monitored responses, and escalated adverse reactions through timely clinical communication.
- Guided **de escalation** and safety planning after behavioral incidents, helping patients regain therapeutic engagement.
- Reviewed handoffs, medication records, documentation, and care plans before each shift transition.
- Coached staff on **psychiatric assessment**, patient dignity, cultural awareness, boundaries, and safe practice.

Registered Nurse, Inpatient Psychiatry

Willow Creek Psychiatric Care June 2020 - June 2023 Kalamazoo, MI

Provided **inpatient psychiatric** nursing for adults and adolescents while supporting admissions, discharges, medication passes, individualized care planning, clinical documentation, **interdisciplinary communication**, and relief charge coverage during demanding shifts.

- Converted psychiatric assessments into individualized priorities, giving patients clearer care and daily structure.
- Managed medication passes, patient education, response monitoring, and **clinical documentation** across inpatient assignments.
- Supported admissions and discharges by reconciling information and identifying immediate safety risks.
- Applied verbal **de escalation** and **trauma informed practice** during escalating patient behavior.
- Shared mental status changes with psychiatrists, social workers, therapists, and nurses during **care planning**.
- Served as relief charge nurse, organizing workflow during high volume inpatient shifts.

PROJECTS

Therapeutic Safety Rounds 2025

Created a structured rounding approach for behavioral health assignments, connecting observation levels, patient dignity, safety planning, and timely team communication.

Psychiatric Care Handoff Review 2024

Trauma informed care

Clinical escalation

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Charge Nurse, Behavioral Health at Harbor Ridge Behavioral Services (3.2 Years)

● Registered Nurse, Inpatient Psychiatry at Willow Creek Psychiatric Care (3 Years)

Strengthened shift transition review by organizing medication records, care plan updates, clinical changes, and follow up needs for incoming staff.

LEADERSHIP & AWARDS

- Charge Nursing Leadership Recognition, Harbor Ridge Behavioral Services, 2025
- Patient Safety Contribution Recognition, Willow Creek Psychiatric Care, 2023

EDUCATION

Bachelor of Science in Nursing

Western Michigan University 🎓 GPA: 0 📅 2020 📍 Kalamazoo, MI

Coursework: Psychiatric nursing, patient assessment, pharmacology, mental health care

CERTIFICATIONS

- Registered Nurse, Michigan 📅 2026
- Basic Life Support 📅 2026
- Valid Michigan Driver's License 📅 2026

TECHNICAL SKILLS

- **Psychiatric Nursing:** Inpatient psychiatry, child and adolescent care, behavioral health
- **Medication Management:** Medication administration, response monitoring, adverse reaction escalation
- **Patient Assessment:** Psychiatric assessment, mental status review, clinical risk identification
- **Safety Practices:** De escalation, safety planning, observation levels
- **Care Planning:** Individualized priorities, treatment planning, care plan updates
- **Clinical Documentation:** Medication records, nursing documentation, shift handoffs
- **Unit Operations:** Twelve hour shifts, admissions, discharges
- **Staff Leadership:** Charge nursing, assignment coordination, support staff supervision
- **Patient Communication:** Patient education, cultural awareness, therapeutic communication
- **Clinical Credentials:** Michigan RN license, Basic Life Support, Michigan driver's license

PROFESSIONAL AFFILIATIONS

- Michigan Nurses Association, professional nursing member
- Behavioral health nursing peer education group, active participant

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST