

# Sophia Anderson

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## SUMMARY

Dedicated Registered Nurse with over two years of operating room experience, providing comprehensive patient care through the nursing process. Skilled at assessing both physiological and psychosocial aspects of patients in preoperative, interoperative, and postoperative phases. Committed to high standards of safety and teamwork, ensuring optimal outcomes during surgical procedures. Developed strong relationships within healthcare teams to facilitate seamless communication and achieve shared patient goals. Demonstrated ability to adapt plans based on patient feedback, enhancing care quality in fast-paced environments.

## EXPERIENCE

### Registered Nurse

January 2025 - Present

HealthCare Solutions Inc.

*Naperville, IL*

Deliver patient care throughout the surgical process while adhering to established protocols. Collaborate effectively with medical teams to assess patient needs across all surgical phases. Ensure documentation accuracy in compliance with legal guidelines and hospital policies.

- Provide comprehensive nursing care before, during, and after surgeries, prioritizing patient safety.
- Communicate vital patient information to team members for consistent and effective care.
- Document all patient interactions and care plans clearly and respectfully as per hospital protocol.
- Work closely with multidisciplinary teams, anticipating surgeon requests and adapting quickly.

### Operating Room Nurse

March 2024 - December 2024

Wellness Medical Center

*Elmhurst, IL*

Assisted surgeons with nursing tasks in the operating room while observing best practices in surgical techniques. Conducted thorough assessments to identify patient needs and communicated findings to surgical staff for continuity.

- Monitored vital signs diligently throughout procedures, responding swiftly to emergencies.
- Formulated and implemented effective care strategies to meet patients' immediate and post-operative needs.
- Collaborated with surgical teams to ensure smooth operations and successful recovery outcomes.
- Maintained a sterile field and followed strict guidelines for patient safety during surgeries.

### Clinical Internship

August 2023 - May 2024

University Project

*Remote*

Participated in clinical rotations focused on diverse areas of nursing, enhancing skills in patient care essential for future roles.

- Conducted holistic assessments, strengthening patient evaluation techniques.
- Enhanced interpersonal skills by working alongside experienced nurses and healthcare professionals.
- Developed time management by juggling multiple responsibilities in high-pressure settings.
- Gained insights into surgical processes, fostering knowledge applicable to operating room roles.

## LEADERSHIP & AWARDS

- Healthcare Excellence Award for outstanding patient care
- Most Valuable Team Member recognition during clinical internship

## EDUCATION

### Associate Degree in Nursing

2024

Illinois State University GPA: 3.8

*Normal, IL*

**Coursework:** Patient Care, Anatomy, Surgical Procedures, Pharmacology

## CERTIFICATIONS

- Registered Nurse License - IL 📅 2025
- BLS Certification 📅 2025
- PALS Certification 📅 2025
- ACLS Certification 📅 2025

## TECHNICAL SKILLS

- **Surgical Tools:** Scalpel, Forceps, Scissors

- **Monitoring Devices:** Vital Signs Monitor, ECG Machine, Pulse Oximeter
- **Documentation Software:** EPIC, Cerner, Meditech
- **Medication Management:** Automated Dispensing Machines, Medication Carts
- **Training Certifications:** BLS, ACLS, PALS
- **Safety Protocols:** Aseptic Technique, PPE Compliance, Biohazard Disposal
- **Statistical Tools:** SPSS, R, Microsoft Excel
- **Communication Tools:** Email, Microsoft Teams, VoIP
- **Process Improvement:** Lean Methodology, Six Sigma, Root Cause Analysis
- **Research Methodologies:** Quantitative Analysis, Literature Reviews, Case Studies

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## SKILLS

- Patient Assessment
- Surgical Care
- Documentation and Compliance
- Team Collaboration
- Emergency Response
- Pain Management
- Aseptic Technique
- Patient Education
- Preoperative Preparation
- Postoperative Care
- Crisis Management
- Medical Terminology
- Legal Compliance
- Emergency Procedures
- Quality Assurance

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## PROFESSIONAL AFFILIATIONS

- Member of the American Nurses Association
- Volunteer, Local Community Health Clinic

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## LANGUAGES

- English (Native)
- Spanish (Intermediate)

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## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

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## REFERENCES

AVAILABLE ON REQUEST