



Mei Harrington

Registered Nurse, PICU

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SUMMARY

Pediatric critical care **Registered Nurse** with five years of hospital nursing experience across PICU, **pediatric cardiac care**, telemetry, and acute pediatric settings. Provides attentive bedside care for children with respiratory, neurologic, cardiac, postoperative, and multisystem needs, using focused assessment, **clinical judgment**, **nursing process** documentation, and continuous monitoring. Builds individualized plans with children and caregivers, explains treatments in developmentally appropriate language, and advocates for safe participation in care. Coordinates intensivists, respiratory therapy, pharmacy, imaging, nutrition, rehabilitation, ancillary services, and supportive personnel during demanding night shifts. Recognizes deterioration early, escalates meaningful changes, supports medication and treatment safety, and maintains clear handoffs. Credentials include Florida RN licensure, AHA BLS, PALS, ACLS, and AACN CCRN certification.

EXPERIENCE

PICU Registered Nurse

Gulf Coast Children's Medical Center 📅 August 2023 - Present 📍 Tampa, FL

Provides full time night shift PICU nursing for critically ill children across respiratory, neurologic, cardiac, postoperative, and multisystem conditions. Leads bedside prioritization, family education, multidisciplinary coordination, delegated care, escalation, and nursing process documentation within a **high acuity** hospital setting.

- Delivers **night shift** PICU care for respiratory, neurologic, cardiac, postoperative, and multisystem conditions.
- Interprets telemetry trends and escalates meaningful changes with intensivists and **respiratory therapy**.
- Coordinates medications, procedures, diagnostics, ancillary services, and family communication during overnight care.
- Builds individualized family plans using disease education, developmental communication, and advocacy.
- Guides **supportive personnel** through delegated care, **infection prevention**, and patient safety checks.
- Documents reassessments and **intervention** responses, strengthening handoffs across changing clinical conditions.

Pediatric Cardiac and Telemetry Registered Nurse

Sunrise Regional Hospital 📅 July 2021 - July 2023 📍 Lakeland, FL

Managed pediatric cardiac and telemetry assignments in an acute hospital, supporting children with congenital heart conditions, arrhythmias, postoperative needs, and medication monitoring. Coordinated clinical services, procedure readiness, caregiver teaching, escalation, and transition documentation across multidisciplinary teams.

- Managed pediatric cardiac telemetry assignments involving **arrhythmia surveillance** and **congenital heart conditions**.
- Recognized rhythm and **hemodynamic changes** through focused assessment and timely **clinical escalation**.
- Prepared children for procedures using **BLS**, **PALS**, **ACLS**, and **sedation safety** practices.
- Coordinated pharmacy, respiratory therapy, imaging, nutrition, and rehabilitation services around treatment plans.
- Taught caregivers diagnoses, medications, warning signs, activity limits, and follow up needs.
- Standardized transfer notes with rhythm history, interventions, access details, and unresolved concerns.

Registered Nurse, Pediatric Acute Care

Palm Grove Medical Center 📅 September 2020 - June 2021 📍 Sarasota, FL

STRENGTHS

- ♥ **High acuity assessment**
Recognized changing pediatric conditions through focused assessment and telemetry trends, then brought clear findings forward during urgent care decisions.
- 👥 **Family education**
Caregiver questions often shaped bedside teaching, with disease explanations and teach back supporting calmer, safer transitions.
- ♥ **Night shift coordination**
Kept medications, diagnostics, ancillary services, and handoffs aligned during busy overnight assignments, giving colleagues a dependable view of care.
- 💬 **Clinical advocacy**
Spoke up when children needed clearer plans or developmentally appropriate support, helping families participate in difficult decisions.
- 👥 **Team supervision**
Guided supportive personnel within nursing scope and checked delegated work against patient status, safety practices, and changing priorities.

SKILLS

Pediatric intensive care

Pediatric cardiac nursing

Telemetry High acuity assessment

Nursing process

Family centered care

Individualized care planning

Patient advocacy Family education

Multidisciplinary coordination

Supportive personnel supervision

Clinical escalation BLS PALS

ACLS

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● PICU Registered Nurse at Gulf Coast Children's Medical Center (3.1 Years)

● Pediatric Cardiac and Telemetry Registered Nurse at Sunrise Regional Hospital (2 Years)

● Registered Nurse, Pediatric Acute Care at Palm Grove Medical Center (9 Months)

Provided inpatient pediatric medical and surgical nursing while building critical care readiness through monitored assignments, **emergency drills**, deterioration scenarios, family teaching, and coordinated treatment delivery. Supported age appropriate **assessment**, comfort, documentation, and safe escalation.

- Provided age appropriate assessments and prioritized nursing plans for pediatric medical **patients**.
- Monitored IV therapies, respiratory treatments, pain management, and postoperative recovery responses.
- Applied **telemetry** fundamentals and reported rhythms or findings requiring RN or provider escalation.
- Coordinated diagnostics, medication timing, **nutrition**, and family teaching around treatment plans.
- Used trauma aware communication to prepare children and caregivers for procedures.
- Completed pediatric deterioration drills that supported progression into cardiac and **PICU nursing**.

PROJECTS

Pediatric Deterioration Response Program 📅 2024

Supported bedside readiness through pediatric deterioration scenarios, structured reassessment, escalation practice, and clear handoff habits for high acuity care.

Family Centered Cardiac Education 📅 2023

Created bedside teaching routines for cardiac diagnoses, medications, warning signs, activity guidance, and transition planning using caregiver teach back.

LEADERSHIP & AWARDS

- Certified Critical Care Registered Nurse recognition, AACN, 2024
- Unit recognition for dependable overnight pediatric cardiac and telemetry care, 2023
- Clinical leadership through supervised personnel guidance and multidisciplinary bedside coordination, 2022

EDUCATION

Bachelor's Degree in Nursing

University of South Florida 🎓 GPA: 3.5 📅 2020 📍 Tampa, FL

Coursework: *Pediatric nursing, critical care nursing, pharmacology, health assessment*

CERTIFICATIONS

- Registered Nurse, Florida 📅 2020
- Basic Life Support, AHA 📅 2026
- Pediatric Advanced Life Support, AHA 📅 2026
- Advanced Cardiac Life Support, AHA 📅 2026
- Certified Critical Care Registered Nurse, AACN 📅 2024

TECHNICAL SKILLS

- **Critical Care Nursing:** PICU, high acuity assessment, nursing process
- **Pediatric Cardiac Care:** Congenital heart care, arrhythmia surveillance, postoperative recovery
- **Patient Monitoring:** Telemetry, bedside monitoring, hemodynamic assessment
- **Life Support:** BLS, PALS, ACLS
- **Critical Care Credentials:** CCRN, Florida RN license, AHA certification
- **Family Care:** Family centered care, caregiver teaching, teach back
- **Clinical Documentation:** Reassessment notes, transfer notes, structured handoffs
- **Care Coordination:** Intensivists, respiratory therapy, pharmacy
- **Support Services:** Imaging, nutrition, rehabilitation
- **Sedation Safety:** Conscious sedation, procedure readiness, recovery checks

PROFESSIONAL AFFILIATIONS

- American Association of Critical Care Nurses, professional member
- American Association of Heart Failure Nurses, pediatric cardiac care community participant

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST