

# Yasmin Grimes

## ICU Registered Nurse

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📍 123 Main St, Chicago, IL 60601

### STRENGTHS

- ♥ **Empathy in Care**  
Often commended for creating a comforting atmosphere around patients, greatly easing anxiety during crises.
- 👥 **Effective Team Collaboration**  
Developed constructive relationships with peers and healthcare professionals, where open communication flourished into better coordinated effort.
- 🛡 **Patient Safety Advocate**  
Actively sought opportunities to enhance documentation processes leading to improved care standards and compliance.
- ⚠ **Crisis Management Skills**  
Demonstrated ability to remain calm in emergencies, successfully guiding peers in executing life-saving protocols during chaotic moments.
- 📖 **Continuous Learning**  
Frequent engagement in workshops enriched understanding of recent healthcare developments translating to practical applications.

### SKILLS

Critical Thinking

Patient Assessment

Electronic Health Records (EHR)

Medication Administration

Team Collaboration

Emergency Response

Communication Skills

Compassionate Care

Time Management

Stress Management

Interpersonal Skills

### SUMMARY

Compassionate and dedicated Registered Nurse with extensive experience in high-acuity Intensive Care Unit (ICU) settings. Strong commitment to providing exceptional patient care while collaborating seamlessly with interdisciplinary teams has been a hallmark of my practice. With proven critical thinking, assessment skills, and the ability to quickly adapt in emergencies, patients receive prompt and effective interventions. A strong directive toward maintaining thorough documentation ensures superior patient safety. Eager to join Healthcare Solutions Group, this opportunity aligns perfectly with both professional aspirations and compassionate patient-centered values.

### EXPERIENCE

#### ICU Registered Nurse

Healthcare Solutions Group 📅 January 2025 - Present 📍 Naperville, IL

Lead direct patient care efforts to stabilize critically ill patients within a fast-paced ICU environment. Position heavily relies on advanced clinical judgment, coordinating with multidisciplinary teams to ensure efficient delivery of treatments and interventions.

- Deliver exceptional patient care following established safety protocols and best practices in intensive environments.
- Monitor vital signs closely, assessing changes to ensure timely nursing interventions and modifications to treatment plans.
- Administer medications as prescribed to manage complex patient needs while ensuring compliance with medical standards.
- Collaborate effectively with healthcare specialists including physicians and respiratory therapists to formulate comprehensive care plans.
- Generate meticulous documentation within electronic health records (EHR) for enhanced communication and patient continuity.
- Act swiftly in emergency situations utilizing strong assessment skills to stabilize patients and implement immediate care strategies.

#### Registered Nurse

Riverbend Medical Center 📅 July 2023 - December 2024 📍 Aurora, IL

Focused on providing holistic nursing care, engaged in assessments and rehabilitation strategies tailored to diverse patient demographics. Promoted collaborative experiences through active participation in team meetings enhancing overall patient outcomes.

- Provided individualized nursing care across various medical-surgical scenarios while emphasizing targeted recovery goals.
- Conducted thorough patient education touching on post-discharge management of medications and lifestyle adjustments.
- Participated in quality initiatives that helped elevate patient satisfaction and care outcomes.
- Embraced teamwork by engaging in interprofessional discussions focused on treatment optimization.
- Supported mentorship programs aimed at onboarding new staff members, reinforcing a culture of shared knowledge.
- Implemented pain management protocols which significantly improved clinic efficiency and leadership communications.

#### Nurse Intern

Lincoln Community Hospital 📅 May 2023 - June 2023 📍 Chicago, IL

Assisted with clinical initiatives, embarked upon hands-on experiences refining foundational nursing skills. Emphasis remained on implementing real-time support measures under supervision.

- Facilitated patient assessments by collaborating closely with registered nurses improving time-management skills.

Patient Education

Quality Improvement

Clinical Judgement

Medical Knowledge

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● ICU Registered Nurse at Healthcare Solutions Group (1.4 Years)

● Registered Nurse at Riverbend Medical Center (1.4 Years)

● Nurse Intern at Lincoln Community Hospital (1 Months)

- Observed best practices from experienced nurses enhancing competencies in patient relationship-building and assessments.
- Partook in simulation sessions refining techniques in under pressure clinical environments.
- Played an integral role in record maintenance ensuring information accuracy throughout all units.
- Engaged with fellow interns on tasks aimed at enhancing workflow and addressing real patient care challenges.
- Developed essential skills for managing stressors encountered in dynamic clinical practices.

## LEADERSHIP & AWARDS

- Dean's List, University of Illinois Chicago, 2022
- Nursing Excellence Award, Lincoln Community Hospital, 2023

## EDUCATION

### Bachelor of Science in Nursing

University of Illinois Chicago 🎓 GPA: 3.8 📅 2023 📍 Chicago, IL

**Coursework:** Pathophysiology, Pharmacology, Health Assessment, Patient Care Management

## CERTIFICATIONS

- Registered Nurse License 📅 2025
- BLS Certification 📅 2025
- ACLS Certification 📅 2025

## TECHNICAL SKILLS

- **Patient Management Systems:** Epic, Cerner, Meditech
- **Documentation Standards:** SOAP notes, SBAR, CPOE
- **Medical Devices:** Ventilators, IV Pumps, Monitors
- **CPR Protocols:** Basic Life Support, Advanced Cardiac Life Support
- **Care Plans:** Individualized Treatment Plans, Discharge Summaries, Progress Notes
- **Regulatory Compliance:** HIPAA, Joint Commission Standards, State Regulations
- **Therapeutics:** Pain Management, Infection Control, Fluid Resuscitation
- **Health Promotion:** Patient Ed Programs, Lifestyle Interventions, Community Resources
- **Risk Management:** Incident Reporting, Quality Assurance, Root Cause Analysis
- **Nursing Methodologies:** Evidence-Based Practice, Clinical Pathways, Shared Governance

## PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association, University of Illinois Chicago
- Volunteer, Health Awareness Clinic, Chicago, IL

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST