

Yasmin Grimes

ICU Registered Nurse

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STRENGTHS

- ♥️ **Empathy in Care**
Often commended for creating a comforting atmosphere around patients, greatly easing anxiety during crises.
- 👥 **Effective Team Collaboration**
Developed constructive relationships with peers and healthcare professionals, where open communication flourished into better coordinated effort.
- 🛡️ **Patient Safety Advocate**
Actively sought opportunities to enhance documentation processes leading to improved care standards and compliance.
- ⚠️ **Crisis Management Skills**
Demonstrated ability to remain calm in emergencies, successfully guiding peers in executing life-saving protocols during chaotic moments.
- 📖 **Continuous Learning**
Frequent engagement in workshops enriched understanding of recent healthcare developments translating to practical applications.

SKILLS

Critical Thinking

Patient Assessment

Electronic Health Records (EHR)

Medication Administration

Team Collaboration

Emergency Response

Communication Skills

Compassionate Care

SUMMARY

Compassionate and dedicated Registered Nurse with extensive experience in high-acuity Intensive Care Unit (ICU) settings. Strong commitment to providing exceptional patient care while collaborating seamlessly with interdisciplinary teams has been a hallmark of my practice. With proven critical thinking, assessment skills, and the ability to quickly adapt in emergencies, patients receive prompt and effective interventions. A strong directive toward maintaining thorough documentation ensures superior patient safety. Eager to join Healthcare Solutions Group, this opportunity aligns perfectly with both professional aspirations and compassionate patient-centered values.

EXPERIENCE

ICU Registered Nurse

Healthcare Solutions Group 📅 January 2025 - Present 📍 Naperville, IL

Lead direct patient care efforts to stabilize critically ill patients within a fast-paced ICU environment. Position heavily relies on advanced clinical judgment, coordinating with multidisciplinary teams to ensure efficient delivery of treatments and interventions.

- Deliver exceptional patient care following established safety protocols and best practices in intensive environments.
- Monitor vital signs closely, assessing changes to ensure timely nursing interventions and modifications to treatment plans.
- Administer medications as prescribed to manage complex patient needs while ensuring compliance with medical standards.
- Collaborate effectively with healthcare specialists including physicians and respiratory therapists to formulate comprehensive care plans.
- Generate meticulous documentation within electronic health records (EHR) for enhanced communication and patient continuity.
- Act swiftly in emergency situations utilizing strong assessment skills to stabilize patients and implement immediate care strategies.

Registered Nurse

Riverbend Medical Center 📅 July 2023 - December 2024 📍 Aurora, IL

Focused on providing holistic nursing care, engaged in assessments and rehabilitation strategies tailored to diverse patient demographics. Promoted collaborative experiences through active participation in team meetings enhancing overall patient outcomes.

- Provided individualized nursing care across various medical-surgical scenarios while emphasizing targeted recovery goals.
- Conducted thorough patient education touching on post-discharge management of medications and lifestyle adjustments.
- Participated in quality initiatives that helped elevate patient satisfaction and care outcomes.
- Embraced teamwork by engaging in interprofessional discussions focused on treatment optimization.
- Supported mentorship programs aimed at onboarding new staff members, reinforcing a culture of shared knowledge.
- Implemented pain management protocols which significantly improved clinic efficiency and leadership communications.

Nurse Intern

Lincoln Community Hospital 📅 May 2023 - June 2023 📍 Chicago, IL

Time Management

Stress Management

Interpersonal Skills

Patient Education

Quality Improvement

Clinical Judgement

Medical Knowledge

Assisted with clinical initiatives, embarked upon hands-on experiences refining foundational nursing skills. Emphasis remained on implementing real-time support measures under supervision.

- Facilitated patient assessments by collaborating closely with registered nurses improving time-management skills.
- Observed best practices from experienced nurses enhancing competencies in patient relationship-building and assessments.
- Partook in simulation sessions refining techniques in under pressure clinical environments.
- Played an integral role in record maintenance ensuring information accuracy throughout all units.
- Engaged with fellow interns on tasks aimed at enhancing workflow and addressing real patient care challenges.
- Developed essential skills for managing stressors encountered in dynamic clinical practices.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois Chicago, 2022
- Nursing Excellence Award, Lincoln Community Hospital, 2023

EDUCATION

Bachelor of Science in Nursing

University of Illinois Chicago 🎓 GPA: 3.8 📅 2023 📍 Chicago, IL

Coursework: Pathophysiology, Pharmacology, Health Assessment, Patient Care Management

CERTIFICATIONS

- Registered Nurse License 📅 2025
- BLS Certification 📅 2025
- ACLS Certification 📅 2025

TECHNICAL SKILLS

- **Patient Management Systems:** Epic, Cerner, Meditech
- **Documentation Standards:** SOAP notes, SBAR, CPOE
- **Medical Devices:** Ventilators, IV Pumps, Monitors
- **CPR Protocols:** Basic Life Support, Advanced Cardiac Life Support
- **Care Plans:** Individualized Treatment Plans, Discharge Summaries, Progress Notes
- **Regulatory Compliance:** HIPAA, Joint Commission Standards, State Regulations
- **Therapeutics:** Pain Management, Infection Control, Fluid Resuscitation
- **Health Promotion:** Patient Ed Programs, Lifestyle Interventions, Community Resources
- **Risk Management:** Incident Reporting, Quality Assurance, Root Cause Analysis
- **Nursing Methodologies:** Evidence-Based Practice, Clinical Pathways, Shared Governance

PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association, University of Illinois Chicago
- Volunteer, Health Awareness Clinic, Chicago, IL

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● ICU Registered Nurse at Healthcare Solutions Group (1.4 Years)

● Registered Nurse at Riverbend Medical Center (1.4 Years)

● Nurse Intern at Lincoln Community Hospital (1 Months)