

POOJA HUFF

REGISTERED NURSE, PACU

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STRENGTHS

Strong Communication Skills
Effectively engage with patients and families, gaining their trust during difficult moments.

Team Collaboration
Frequently collaborated with interdisciplinary teams for holistic patient care, often receiving commendations from peers.

Crisis Management Ability
Calmly addressed emergencies, resulting in optimally stabilized patient situations; superiors often sought my insights during critical odds.

Detail-Oriented
Diligently monitor patient metrics and maintain meticulous records to adhere to nursing standards.

Clinical Decision Making
Skilled at making timely decisions backed by evidence-based research, which improves recovery times significantly.

SKILLS

Patient Care Management

Critical Thinking

Evidence-Based Practice

Team Collaboration

Patient Education

Clinical Decision Making

LANGUAGES

English

Native

SUMMARY

Experienced Registered Nurse with over five years in post-anesthesia care. Committed to delivering safe and compassionate patient care while facilitating smooth transitions within healthcare settings. Strong proponent of teamwork and effective communication, collaborating closely with interdisciplinary teams to enhance patient safety and satisfaction. Skilled in evidence-based practice, ensuring adherence to protocols that protect patients during recovery. Certifications in BLS, ACLS, and PALS underscore dedication to maintaining high standards. Eager to contribute expertise to a leading medical center committed to exceptional patient experiences.

EXPERIENCE

Registered Nurse, PACU

Health First Medical Center January 2022 - Present Park Ridge, IL

Focused on delivering expert post-anesthesia nursing care at a leading teaching hospital. Play a key role in monitoring surgical patients for optimal recovery. Collaborate extensively with surgical teams and other nurses to ensure seamless transition from PACU to inpatient units or home.

- Monitor patients post-anesthesia, ensuring comfort and quick recovery.
- Collaborate with other care providers to evaluate patient readiness for discharge.
- Implement established care protocols to enhance patient outcomes.
- Engage in quality improvement initiatives aimed at enhancing patient safety.
- Educate patients and families about post-operative care for better compliance.
- Document clinical observations accurately to uphold hospital standards.

Registered Nurse, Critical Care

St. Joseph's Medical Center June 2018 - December 2021 Chicago, IL

Managed critical care nursing needs in an intense ICU setting. Prioritized patient well-being through advanced interventions while mentoring junior staff, fostering an environment of learning and collaboration.

- Provided essential care to critically ill patients using advanced monitoring tools.
- Developed personalized care plans by working directly with multidisciplinary teams.
- Mentored nursing students, promoting professional growth and knowledge sharing.
- Actively participated in hospital committee meetings focusing on patient safety improvements.
- Conducted regular training sessions, enhancing staff proficiency in best practices.
- Ensured rigorous documentation of patient progress aligned with compliance regulations.

Registered Nurse, ED

Mercy Hospital March 2016 - May 2018 Chicago, IL

Delivered frontline emergency nursing services in a busy ED, executing rapid assessments and interventions to stabilize various patient conditions effectively. Worked collaboratively with multi-disciplinary teams to optimize urgent care.

- Executed sophisticated triages for prompt determination of care priorities.
- Worked with physicians to coordinate urgent treatments based on patient assessment.
- Maintained compliant records per legal and ethical mandates throughout shifts.
- Educated patients and their families on recovery planning upon discharge.
- Helped in running emergency drills that elevated team preparedness for crises.
- Contributed feedback on process Enhancements for Emergency Department workflows.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago

Spanish

Intermediate

MY CAREER



● Registered Nurse, PACU at Health First Medical Center (4.4 Years)

● Registered Nurse, Critical Care at St. Joseph's Medical Center (3.5 Years)

● Registered Nurse, ED at Mercy Hospital (2.2 Years)

- Excellence in Nursing Award, Mercy Hospital

EDUCATION

Bachelor's Degree in Nursing

University of Illinois at Chicago 🎓 GPA: 3.8 📅 2016 📍 Chicago, IL

Coursework: Nursing Theory, Patient Care Management, Health Assessment, Pharmacology

CERTIFICATIONS

- Registered Nurse (RN) 📅 2022
- Basic Life Support (BLS) 📅 2020
- Advanced Cardiovascular Life Support (ACLS) 📅 2020
- Pediatric Advanced Life Support (PALS) 📅 2021

TECHNICAL SKILLS

- **Patient Monitoring Systems:** Pulse oximeter, ECG, Capnography
- **Ventilation Equipment:** Manual ventilators, BiPAP, CPAP
- **Medication Administration Tools:** IV pumps, Medication carts, Automated dispensers
- **Electronic Health Records:** Epic, Cerner, Meditech
- **Nursing Care Procedures:** Aseptic technique, Post-op care, Wound management
- **Communication Tools:** Microsoft Teams, Zoom, Slack
- **Patient Safety Standards:** Infection control, Fall prevention strategies, Pain management guidelines
- **Emergency Response Protocols:** Trauma response, Stroke intervention, Code Blue procedures
- **Quality Improvement Models:** PDCA cycle, Six Sigma, Lean methodologies
- **Nursing Best Practices:** Core measures, Evidence-based practice, Patient-centered care

PROFESSIONAL AFFILIATIONS

- Member, Illinois Nurses Association
- Volunteer, Community Health Fair

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST