



# Bianca Melendez

## Critical Care RN

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### SUMMARY

Compassionate Registered Nurse specializing in critical care, bringing over a year of experience in dynamic clinical settings. Proven history of assessing patient needs, executing effective care plans, and collaborating with multidisciplinary teams to enhance patient outcomes. Advocates for patient safety and ethical practices while actively pursuing continuous professional development. Committed to maintaining high standards of care within evidence-based frameworks. Engagement in quality initiatives demonstrates dedication to improving patient care processes and fostering teamwork in the delivery of compassionate healthcare.

### EXPERIENCE

#### Critical Care RN

HealthFirst Medical Center 📅 June 2025 - Present 📍 Chicago, IL

Responsibilities include delivering high-quality nursing care by interacting closely with critically ill patients and their families within a fast-paced environment. Lead implementation of unit-based quality improvement initiatives centered on evidence-based practices supporting enhanced patient experiences and better health outcomes.

- Engaged in unit councils to enhance care quality through active participation in governance initiatives.
- Utilized nursing processes including assessment, planning, diagnosis, implementation, and evaluations tailored to individual patient needs.
- Monitored evolving patient conditions, making collaborative adjustments to care plans resulting in improved recovery paths.
- Diligently promoted a culture of safety, continually evaluating clinical outcomes and amending protocols as needed.
- Expertly administered medications according to established clinical protocols ensuring patient comfort and adherence to safety standards.
- Maintained accurate, confidential, and timely documentation within electronic health records complying with all regulatory requirements.

#### Nursing Intern

University Research Lab 📅 September 2024 - May 2025 📍 Chicago, IL

Supported innovative clinical research projects focused on quality improvement in critical care. The role involved comprehensive data collection and analysis contributing to departmental education goals.

- Assisted in research targeting patient care interventions merging insights from academic theory and clinical practice.
- Collaborated actively with nursing staff to gather and interpret data enhancing quality improvement efforts.
- Participated in patient assessments and care planning, observing best practices in evidence-based nursing.
- Engaged in simulations designed to refine skills in emergency response, further solidifying real-world application.
- Developed resource materials promoting awareness for patients and families concerning treatment pathways.
- Presented research findings at gatherings facilitating knowledge sharing within the department and eliciting strategic discussion.

### LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2022-2024
- Nursing Excellence Award, University of Illinois at Chicago, 2024

### STRENGTHS

- 🧠 **Critical Thinking**  
Applied critical thinking during patient assessments, leading to improved management strategies tailored to unique cases.
- 🕒 **Time Management**  
Excelled in managing multiple priorities amid high-stakes environments, resulting in consistent ability to meet or exceed expectations.
- 👥 **Team Collaboration**  
Managed team dynamics by encouraging open communication and cooperation, leading colleagues to recognize shared goals effectively.
- 💬 **Effective Communication**  
Facilitated clear and empathetic interactions with patients and families, fostering supportive care practices and informed decision-making.
- 🛡️ **Client Advocacy**  
Strong advocate for patient rights and safety, empowering individuals to make informed decisions regarding their care options.

### SKILLS

Critical Care Nursing

Patient Assessment

Electronic Health Records

Evidence-Based Practice

Team Collaboration

Communication Skills

Medication Administration

Quality Improvement Initiatives

Patient Safety Protocols

Conflict Resolution

Emergency Response

Therapeutic Communication

Patient Education

Clinical Protocol Compliance

Data Documentation

Interdisciplinary Teamwork

## LANGUAGES

English Native

Spanish Proficient

## MY CAREER



● Critical Care RN at HealthFirst Medical Center (1 Years)

● Nursing Intern at University Research Lab (8 Months)

## EDUCATION

### Bachelor's Degree in Nursing

University of Illinois at Chicago 🎓 GPA: 3.8 📅 2024 📍 Chicago, IL

**Coursework:** Patient Care, Pharmacology, Patient Assessment, Evidence-Based Practice

## CERTIFICATIONS

- Basic Life Support (BLS) 📅 2024
- Registered Nurse License 📅 2024

## TECHNICAL SKILLS

- **Nursing Processes:** Assessment, Diagnosis, Implementation, Evaluation
- **Electronic Health Records:** Epic, Cerner, Meditech
- **Quality Improvement Tools:** Six Sigma, PDSA, Lean Principles
- **Clinical Protocols:** Medications, Treatments, Care Plans
- **Professional Development:** Workshops, Continuing Education, Certifications
- **Collaboration Platforms:** Microsoft Teams, Zoom, Slack
- **Patient Care Frameworks:** Holistic Care, Family-Centered Care, Evidence-Based Care
- **Simulation Training:** Clinical Scenario Simulations, Emergency Response Drills, Diverse Patient Case Studies
- **Regulatory Compliance:** HIPAA Regulations, Nursing Ethics, Patient Privacy Standards
- **Crisis Management:** Emergency Care, Disaster Preparedness, Fast-Paced Decision Making

## PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association, 2023-2024
- Volunteer, Community Health Fair, 2023

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST