

# Emily Carter

## Registered Nurse - Labor & Delivery

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### STRENGTHS

- Compassionate Caregiver**  
Genuinely devoted time to understanding patient's needs, resulting in heartfelt connections.
- Team Collaborator**  
Fostered strong relationships with colleagues, becoming a dependable source for teamwork.
- Adaptability**  
Swiftly adjusted to dynamic healthcare environments, assuring smooth operations under pressure.
- Communication Skills**  
Articulated healthcare processes clearly, enhancing patient comprehension and trust.
- Patient Advocate**  
Actively represented patient viewpoints, showing dedication to their well-being and comfort.

### SKILLS

- Patient Assessment
- Team Collaboration
- Care Plan Development
- Patient Education
- Emergency Response
- Risk Management
- Clinical Documentation
- Patient Safety
- Multidisciplinary Coordination
- Intrapartum Care
- Postpartum Support
- Vital Signs Monitoring
- Newborn Care
- Ethical Decision-Making

### SUMMARY

Compassionate and dedicated Registered Nurse with 2 years of experience in Labor & Delivery and Emergency Departments. Proven ability to assess, manage, and evaluate patients effectively in both antepartum and intrapartum settings. Committed to providing exceptional patient care and improving overall patient experiences. Expertise includes high-risk pregnancy management and intricate postpartum support. Eager to join ProHealth Services, enhancing patient care with collaborative team efforts. Deeply invested in learning while fostering positive patient relationships and utilizing evidence-based practices for best outcomes.

### EXPERIENCE



#### Registered Nurse - Labor & Delivery

HealthFirst Medical Center  March 2024 - Present  Chicago, IL

Provide comprehensive assessments and patient care in the Labor and Delivery unit for low and high-risk pregnancies. Engage collaboratively with multidisciplinary teams to optimize patient outcomes and ensure adherence to clinical protocols.

- Conduct thorough assessments and evaluations of antepartum and postpartum patients.
- Manage care for both low and high-risk pregnancies, ensuring adherence to protocols.
- Collaborate with multidisciplinary teams to enhance patient outcomes.
- Educate patients and families on care plans and procedures.



#### Nursing Intern

CareWell Hospital  January 2023 - December 2023  Evanston, IL

Supported nursing staff in delivering patient care within the maternity ward. Collaborated with healthcare providers to execute responsibilities effectively while gaining practical skills and experience in managing postpartum patients.

- Assisted nursing staff in the care of patients in the maternity ward.
- Gained hands-on experience in monitoring vital signs and managing care for postpartum patients.
- Supported educational initiatives for new parents on newborn care.
- Applied knowledge from coursework into real-world practice settings.

#### Volunteer Nurse

Health Awareness Program  June 2022 - September 2022  Chicago, IL

Emphasized community health education by providing support during outreach events focused on maternal and child health. Engaged families through informational workshops about newborn care and healthy pregnancies.

- Facilitated workshops promoting awareness of prenatal and postpartum health.
- Assisted families with basic baby care tips and healthcare navigation.
- Coordinated activities with healthcare professionals for accurate information dissemination.
- Enhanced public speaking skills through community engagement initiatives.

### LEADERSHIP & AWARDS

- Registered Nursing Student of the Year, Northwestern University (2023)
- Excellence in Patient Care Award, HealthFirst Medical Center (2025)

### EDUCATION

#### Associate's Degree in Nursing

Northwestern University  GPA: 3.8  2023  Evanston, IL

**Coursework:** *Nursing fundamentals, Maternal health, Pharmacology, Patient care techniques*

Healthcare Technology

Patient Comfort Techniques

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



- Registered Nurse - Labor & Delivery at HealthFirst Medical Center (2.2 Years)
- Nursing Intern at CareWell Hospital (11 Months)
- Volunteer Nurse at Health Awareness Program (3 Months)

## CERTIFICATIONS

- IL RN License 📅 2023
- CPR/BLS Certification 📅 2023
- ACLS Certification 📅 2026

## TECHNICAL SKILLS

- **Patient Management Systems:** Epic, Cerner, Meditech
- **Medical Equipment:** Fetal Monitors, IV Pumps, Defibrillators
- **Documentation Tools:** Microsoft Office, Google Workspace, Charting Applications
- **Collaboration Platforms:** Slack, Zoom, Microsoft Teams
- **Assessment Tools:** Electronic Health Records, Bedside Monitors, Patient Scanning Software
- **BLS/CPR Training:** American Heart Association Standards
- **Pharmaceuticals Knowledge:** Medication Safety, Dosage Calculations, Administration Protocols
- **Healthcare Regulations:** HIPAA Compliance, State Practices, Joint Commission Standards
- **Surgical Assistance:** Assisting in C-sections, Recovery Room Protocols, Sterilization Processes
- **Patient Counseling:** Educational Workshops, Care Transition Talks, Family Meetings

## PROFESSIONAL AFFILIATIONS

- Member of Illinois Nurses Association
- Participant in Nursing Student Advocacy Committee

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST