

Callie Roberts

 (843) 555-0192  callie.roberts@example.com  linkedin.com/in/c_callieroberts  123 Health St, Charleston, SC 29401

SUMMARY

Dedicated Clinical Dietitian who excels in delivering comprehensive nutritional care within acute healthcare settings. With over two years of hands-on experience, performs detailed nutritional assessments and crafts tailored care plans that promote recovery and improve patient health outcomes. Applies evidence-based practices to enhance patient care quality and collaborates seamlessly with multidisciplinary teams to achieve service excellence. Enthusiastic about mentoring dietetic interns, fostering professional development, and committed to ensuring the best for patients through effective nutrition education. Excited for the opportunity to contribute expertise and a patient-centered approach at Morrison Healthcare.

EXPERIENCE

Clinical Dietitian Intern

January 2025 - December 2025

University Project

Charleston, SC

Internship focused on providing medical nutrition therapy in an ICU setting, enhancing patient outcomes through individualized care plans and team collaboration.

- Performed nutritional assessments for patients with complex conditions, directly contributing to their recovery.
- Collaborated effectively with nursing staff for tube placements, ensuring appropriate nutrient administration.
- Participated in QAPI initiatives that led to significant improvements in clinical nutrition protocols.
- Provided nutrition education sessions that empowered patients and families in making informed dietary choices.
- Mentored dietetic interns, supporting their growth while cultivating a culture of learning.
- Engaged actively in interdisciplinary meetings to share insights that improved patient care.

Nutrition Research Assistant

August 2024 - December 2024

Academic Research

Charleston, SC

Supported a research team in studying the effects of nutrition interventions on surgical recovery, utilizing analytical skills to drive conclusions.

- Assisted in quantitative analysis of data pertaining to nutrition therapy impact on recovery timelines.
- Developed outreach materials aimed at raising community awareness regarding nutritional health.
- Conducted workshops to educate fellow colleagues and students on latest findings in nutrition research.
- Gathered and documented patient feedback about nutrition services, facilitating improvements.
- Contributed to the generation of academic papers for publication, enhancing credibility and visibility in the field.
- Worked closely with faculty members to implement new strategies based on research outcomes.

LEADERSHIP & AWARDS

- Dean's List, University of Charleston, 2024-2026
- Recipient of the Health Sciences Scholarship, 2025

EDUCATION

Bachelor's Degree in Dietetics

2026

University of Charleston GPA: 3.8

Charleston, SC

Coursework: Medical Nutrition Therapy, Nutritional Assessment, Food Science, Clinical Dietetics

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN)  2026
- CNSC Certification  2027

TECHNICAL SKILLS

- Clinical Skills:** Nutritional Assessments, Medical Nutrition Therapy, Dietary Consultations
- Research Methodologies:** Data Collection, Statistical Analysis, Experimental Design
- Technological Proficiencies:** EMR Software, Microsoft Excel, Data Visualization Tools
- Quality Assurance Practices:** Quality Improvement Projects, Accreditation Standards, Evaluation Metrics
- Interpersonal Communication:** Diagnosis Discussions, Team Meetings, Patient Oriented Interaction
- Food Service Systems:** Nutritional Management Software, Meal Planning Applications, Inventory Control Systems
- Presentation Tools:** PowerPoint, Prezi, Webinar Platforms

- **Mentorship Activities:** Intern Training Programs, Educational Workshops, Peer Coaching
- **Health Promotion Strategies:** Public Health Campaigns, Community Workshops, Nutrition Seminars
- **Professional Development:** Webinars, Continuing Education, Specialty Certifications

SKILLS

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|---------------------------------|-----------------------------------|-------------------------------------|-----------------------------------|
| • Clinical Nutrition Assessment | • Team Collaboration | • Medical Nutrition Therapy | • Engagement Strategies |
| • Evidence-Based Nutrition Care | • Research Analysis | • Community Outreach | • Lifestyle Modification Guidance |
| • Patient Education | • Data Interpretation | • Mentoring | • Nutritional Counseling |
| • Nutritional Management | • Quality Improvement Initiatives | • Healthcare Interdisciplinary Work | • Workshop Facilitation |

PROFESSIONAL AFFILIATIONS

- Member, Student Dietetic Association, 2024-2026
- Volunteer, Community Nutrition Outreach Program, 2025-2026

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST