

Callie Roberts

Specialty Medical Intensive Care Dietitian

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STRENGTHS

-  **Empathetic Patient Care**
A natural ability to establish rapport with patients, resulting in higher engagement during nutrition counseling sessions.
-  **Collaboration Skills**
Successfully coordinated with multiple healthcare professionals, optimizing patient treatment through comprehensive teamwork.
-  **Adaptability**
Quickly adjusted to dynamic clinical environments, ensuring delivery of consistent care despite changing circumstances.
-  **Instructional Ability**
Regularly led educational workshops on nutrition, fostering a supportive learning atmosphere for interns and peers.
-  **Analytical Skills**
Utilized strong analytical background to assess patient needs accurately, guiding precise recommendations.

SKILLS

Clinical Nutrition Assessment

Evidence-Based Nutrition Care

Patient Education

Nutritional Management

Team Collaboration

Research Analysis

Data Interpretation

Quality Improvement Initiatives

Medical Nutrition Therapy

Community Outreach Mentoring

Healthcare Interdisciplinary Work

Engagement Strategies

SUMMARY

Dedicated Clinical Dietitian who excels in delivering comprehensive nutritional care within acute healthcare settings. With over two years of hands-on experience, performs detailed nutritional assessments and crafts tailored care plans that promote recovery and improve patient health outcomes. Applies evidence-based practices to enhance patient care quality and collaborates seamlessly with multidisciplinary teams to achieve service excellence. Enthusiastic about mentoring dietetic interns, fostering professional development, and committed to ensuring the best for patients through effective nutrition education. Excited for the opportunity to contribute expertise and a patient-centered approach at Morrison Healthcare.

EXPERIENCE

Clinical Dietitian Intern

University Project 📅 January 2025 - December 2025 📍 Charleston, SC

Internship focused on providing medical nutrition therapy in an ICU setting, enhancing patient outcomes through individualized care plans and team collaboration.

- Performed nutritional assessments for patients with complex conditions, directly contributing to their recovery.
- Collaborated effectively with nursing staff for tube placements, ensuring appropriate nutrient administration.
- Participated in QAPI initiatives that led to significant improvements in clinical nutrition protocols.
- Provided nutrition education sessions that empowered patients and families in making informed dietary choices.
- Mentored dietetic interns, supporting their growth while cultivating a culture of learning.
- Engaged actively in interdisciplinary meetings to share insights that improved patient care.

Nutrition Research Assistant

Academic Research 📅 August 2024 - December 2024 📍 Charleston, SC

Supported a research team in studying the effects of nutrition interventions on surgical recovery, utilizing analytical skills to drive conclusions.

- Assisted in quantitative analysis of data pertaining to nutrition therapy impact on recovery timelines.
- Developed outreach materials aimed at raising community awareness regarding nutritional health.
- Conducted workshops to educate fellow colleagues and students on latest findings in nutrition research.
- Gathered and documented patient feedback about nutrition services, facilitating improvements.
- Contributed to the generation of academic papers for publication, enhancing credibility and visibility in the field.
- Worked closely with faculty members to implement new strategies based on research outcomes.

LEADERSHIP & AWARDS

- Dean's List, University of Charleston, 2024-2026
- Recipient of the Health Sciences Scholarship, 2025

EDUCATION

Bachelor's Degree in Dietetics

University of Charleston 🎓 GPA: 3.8 📅 2026 📍 Charleston, SC

Coursework: Medical Nutrition Therapy, Nutritional Assessment, Food Science, Clinical Dietetics

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2026

Lifestyle Modification Guidance

Nutritional Counseling

Workshop Facilitation

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



- Clinical Dietitian Intern at University Project (11 Months)
- Nutrition Research Assistant at Academic Research (4 Months)

- CNSC Certification 📅 2027

TECHNICAL SKILLS

- **Clinical Skills:** Nutritional Assessments, Medical Nutrition Therapy, Dietary Consultations
- **Research Methodologies:** Data Collection, Statistical Analysis, Experimental Design
- **Technological Proficiencies:** EMR Software, Microsoft Excel, Data Visualization Tools
- **Quality Assurance Practices:** Quality Improvement Projects, Accreditation Standards, Evaluation Metrics
- **Interpersonal Communication:** Diagnosis Discussions, Team Meetings, Patient Oriented Interaction
- **Food Service Systems:** Nutritional Management Software, Meal Planning Applications, Inventory Control Systems
- **Presentation Tools:** PowerPoint, Prezi, Webinar Platforms
- **Mentorship Activities:** Intern Training Programs, Educational Workshops, Peer Coaching
- **Health Promotion Strategies:** Public Health Campaigns, Community Workshops, Nutrition Seminars
- **Professional Development:** Webinars, Continuing Education, Specialty Certifications

PROFESSIONAL AFFILIATIONS

- Member, Student Dietetic Association, 2024-2026
- Volunteer, Community Nutrition Outreach Program, 2025-2026

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST