

STRENGTHS

-  **Analytical Thinker**
Skillfully diagnose patient issues by quickly gathering data and implementing effective strategies.
-  **Effective Communicator**
Explain complex health information clearly to patients, instilling confidence and understanding.
-  **Team Player**
Collaborate seamlessly with healthcare professionals, improving organization-wide patient experiences.
-  **Compassionate Provider**
Build strong relationships by showing empathy towards patients' unique health journeys and challenges.
-  **Problem Solver**
Identify and address challenging cases promptly, enhancing therapeutic results and patient well-being.

SKILLS

Patient Assessment

Treatment Planning

Communication Skills

Team Collaboration

Problem Solving

Patient Education

Holistic Care

Orthopedic Rehabilitation

Sports Medicine

Evaluations

LANGUAGES

English	Native
Spanish	Proficient

SUMMARY

Dedicated and compassionate Physical Therapist with 2 years of experience in outpatient orthopedics and sports medicine. Proven ability to conduct comprehensive evaluations and create personalized treatment plans that enhance patient recovery and achieve health goals. Strong communicator with excellent problem-solving skills, committed to delivering high-quality patient care through a one-on-one treatment model. Enthusiastic about contributing to a collaborative healthcare team while pursuing continuous professional development via mentorship and leadership opportunities.

EXPERIENCE

Physical Therapist

Wellness Physical Therapy  June 2024 - Present  Framingham, MA

As a Physical Therapist, focus on providing individualized patient care and support. Responsible for conducting evaluations, creating tailored treatment strategies, and overseeing complete patient journeys.

- Conducted comprehensive evaluations, ensuring tailored treatment strategies aligned with individual goals.
- Developed personalized treatment plans using evidence-based practices to optimize recovery outcomes.
- Provided hands-on treatment consistently throughout the patient's care journey, without double-booking or overlapping appointments.
- Collaborated with a multidisciplinary team to facilitate holistic patient care and improve satisfaction.
- Monitored and documented patient progress, adjusting treatment plans based on ongoing assessments.
- Participated in the clinic's mentorship program, enhancing skills and contributing to team development.

Physical Therapist

Active Life Therapy  July 2024 - May 2026  Natick, MA

Focused on developing effective treatment protocols for orthopedic conditions as part of a dedicated patient care initiative.

- Conducted detailed assessments, identifying patient needs and establishing effective treatment protocols for orthopedic conditions.
- Created individual treatment plans prioritizing patient wellness and rehabilitation goals.
- Engaged in patient education, offering guidance on exercises and lifestyle changes for ongoing health improvement.
- Collaborated closely with medical professionals ensuring comprehensive patient care.
- Achieved high patient satisfaction ratings through consistent, compassionate care and effective communication.
- Assisted in developing clinic protocols to enhance patient management efficiency.

LEADERSHIP & AWARDS

- Recipient of the Patient Care Excellence Award at Wellness Physical Therapy for outstanding patient feedback.
- Completed the 15-month Mentorship Program at Active Life Therapy.

EDUCATION

Doctor of Physical Therapy (DPT)

University of Massachusetts  GPA: 3.8  2024  Amherst, MA

Coursework: Patient Assessment, Treatment Planning, Team Collaboration, Patient Education

MY CAREER



- Physical Therapist at Wellness Physical Therapy (2.1 Years)
- Physical Therapist at Active Life Therapy (1.8 Years)

CERTIFICATIONS

- Licensed Physical Therapist, Massachusetts 📅 2024
- CPR and First Aid Certification 📅 2024

TECHNICAL SKILLS

- **Patient Management Systems:** TheraNest, Cliniko, SimplePractice
- **Diagnostic Tools:** MRI, X-ray, Ultrasound
- **Rehabilitation Techniques:** Manual Therapy, Functional Training, Exercise Therapy
- **Communication Tools:** Slack, Microsoft Teams, Zoom
- **Emerging Therapies:** Dry Needling, Cupping, Taping
- **Patient Education Platforms:** Videos, Brochures, Workshops
- **Treatment Methodologies:** Evidence-based Practice, Goal-oriented Treatment, Progressive Loading
- **Collaboration Frameworks:** Interdisciplinary Rounds, Continuity of Care, Peer Reviews
- **Professional Development:** Workshops, Certifications, Conferences
- **Physical Therapy Ethics:** Patient Confidentiality, Informed Consent, Professional Conduct

PROFESSIONAL AFFILIATIONS

- Member of the American Physical Therapy Association since 2024.
- Volunteered with local community health fairs offering free screenings and education.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST