

Gabriela Holland

Surgical Technologist

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📍 1234 Elm Street, Rapid City, SD 57701

STRENGTHS

- ♥ **Crisis Management**
Effectively handled unexpected surgical situations by staying calm and finding solutions quickly.
- 👥 **Team Collaboration**
Built strong relationships within surgical teams, noted for effective contribution toward positive patient outcomes.
- ✔ **Attention to Detail**
Recognized for meticulously managing tools and instruments, leading to fewer complications post-surgery.
- 👤 **Patient Advocacy**
Fiercely advocated for patients' comfort and safety, continually attentive to their needs before and after surgery.
- ✂ **Technical Proficiency**
Demonstrated competence in various surgical technologies, providing valuable support throughout numerous procedures.

SKILLS

- Surgical instrument handling
- Patient care and comfort
 - Aseptic technique
 - Crisis management
 - Team collaboration
 - Inventory management

LANGUAGES

- | | |
|---------|--------------|
| English | Native |
| Spanish | Intermediate |

SUMMARY

Dedicated Surgical Technologist with over 5 years of experience in high-pressure healthcare settings, committed to delivering exceptional patient care. Expertise includes preparing operating rooms, maintaining sterile environments, and assisting in diverse surgical procedures while ensuring patient safety and comfort. Recognized for anticipating surgeon needs and effectively managing crisis situations. Holds Certified Surgical Technologist (CST) and Basic Life Support (BLS) certifications alongside extensive knowledge of surgical best practices and protocols. Eager to enhance surgical outcomes through collaboration with surgical teams and ongoing professional development.

EXPERIENCE

Surgical Technology Intern

University Research Lab 📅 January 2025 - Present 📍 Rapid City, SD

- Supported a dynamic surgical technology program with hands-on contributions to the operation and efficiency of surgical procedures. Collaborated actively with surgical teams to guarantee high-level patient-focused care.
- Assisted in setting up operating rooms following established protocols for equipment and supplies.
 - Partnered closely with surgical teams, prioritizing patient safety and comfort throughout perioperative phases.
 - Maintained meticulous sterile fields and consistently monitored aseptic practices to minimize infection risks.
 - Documented each surgical case with precision and ensured accurate inventory management of surgical resources.
 - Contributed to training sessions focused on advanced surgical techniques and new technologies, promoting a culture of learning.
 - Engaged in simulation activities that enhanced skills associated with surgical procedures and patient interventions.

Surgical Procedures Project

Academic Research 📅 August 2024 - December 2024 📍 Rapid City, SD

- Conducted research involving innovative surgical approaches, creating valuable insights into the implications for healthcare delivery and patient recovery. Fostered collaboration among peers to enhance understanding and proficiency in surgical methods.
- Investigated emerging surgical techniques specifically related to orthopedic operations, presenting key findings comprehensively.
 - Formulated an analytical report examining patient outcomes driven by specific surgical methods using data analysis frameworks.
 - Collaborated with a team to replicate surgical scenarios, enhancing communication and teamwork during high-stress conditions.
 - Developed informative materials aimed at elevating peer understanding of critical surgical protocols.
 - Coordinated a successful workshop focused on surgical excellence and patient safety, empowering student participation.
 - Participated in practical lab exercises that solidified technical skills vital for future surgical technology roles.

LEADERSHIP & AWARDS

- Dean's List, Rapid City Community College, 2025
- Surgical Technology Capstone Award, 2026

EDUCATION

Associate of Applied Science in Surgical Technology

MY CAREER



- Surgical Technology Intern at University Research Lab (1.5 Years)
- Surgical Procedures Project at Academic Research (4 Months)

Rapid City Community College 🎓 GPA: 3.8 📅 2026 📍 Rapid City, SD
Coursework: Anatomy, Surgical Techniques, Patient Care, Medical Terminology

CERTIFICATIONS

- Certified Surgical Technologist (CST) 📅 2026
- Basic Life Support (BLS) Certification 📅 2026

TECHNICAL SKILLS

- **Surgical Tools:** Scalpels, Forceps, Hemostats
- **Medical Software:** Epic, Cerner, Allscripts
- **Safety Protocols:** Sterilization Standards, Infection Control, Aseptic Technique
- **Patient Care Systems:** ECG Monitoring, Vital Signs Equipment, IV Management Systems
- **Compliance Certifications:** BLS, CST, Advanced Trauma Life Support
- **Procedural Interventions:** Preoperative Prep, Intraoperative Assistance, Postoperative Care
- **Operating Room Dynamics:** Scrubbing In, Instrument Passing, Surgeon's Assistant
- **Communication Techniques:** Nonverbal Cues, Team Briefings, Patient Education
- **Emergency Preparedness:** Disaster Drills, Emergency Protocols, Crisis Simulation
- **Inventory Management:** Supply Chain Efficiency, Stock Audits, Equipment Calibration

PROFESSIONAL AFFILIATIONS

- Member, Surgical Technology Student Association, 2025 - Present
- Volunteer, Community Health Fair, Rapid City, SD, 2025

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST