

STRENGTHS

- **Compassionate Caregiver**
Delivered empathy-driven care that comforts and supports patients, leading them to feel valued.
- **Effective Communicator**
Regularly engaged with patients and families, fostering transparency and clear understanding of care objectives.
- **Detail-Oriented Practitioner**
Consistently checked and recorded vital signs meticulously, enhancing patient safety protocols.
- **Team Player**
Worked collaboratively with healthcare professionals, reinforcing a collective goal of excellent patient services.
- **Quick Learner**
Adapted swiftly to changing needs within fast-paced environments without compromising service quality.

SKILLS

- Patient Care

Vital Signs Monitoring

BLS Certified

Electronic Health Records

Team Collaboration

Communication Skills

Emotional Support

Healthcare Documentation

Infection Control

Mobility Assistance

Rehabilitation Support

Care Planning

Patient Advocacy

Clinical Observation

Problem-Solving

SUMMARY

Compassionate and dedicated Certified Nursing Assistant with over two years of hands-on experience in various healthcare settings. Skilled in assisting with daily living activities, monitoring patient health, and collaborating effectively with nurses and medical staff. Proven ability to deliver high-quality support while adapting seamlessly to fast-paced environments. Strong expertise in BLS and a commitment to ensuring both comfort and safety for patients. Engaging nature fosters trust and communication, allowing for efficient assistance in all aspects of patient care. Eager to contribute as part of a team that prioritizes excellence in compassionate care.

EXPERIENCE

CNA Trainee

University Research Lab  June 2025 - June 2026  Springfield, MA

- Supported nursing staff through direct patient care, maintaining high standards of comfort and dignity. Assisted with the monitoring of vital signs, contributing critical insights for timely interventions under supervision. Helped refine individualized care plans in collaboration with teams, emphasizing effective patient engagement.
- Provided compassionate individual attention, aiding in daily tasks like bathing and feeding.
 - Accurately monitored vital signs and reported significant changes to ensure prompt clinical response.
 - Maintained rigorous cleanliness in care areas per infection control guidelines.
 - Contributed to practical training sessions on emergency readiness through BLS courses.
 - Enhanced patient experiences by actively delivering emotional support in their recovery journeys.
 - Collaborated with peer trainees in creating an optimal learning atmosphere.

Certified Nursing Assistant

HealthCare Solutions  January 2025 - May 2025  Chicopee, MA

- Delivered comprehensive care in a long-term care setting, focusing on improving residents' physical independence and overall quality of life. Interacted professionally with both patients and interdisciplinary groups to ensure quality care remained at the forefront.
- Facilitated resident mobility and rehabilitation exercises, promoting confidence in daily autonomy.
 - Diligently documented patient information using electronic records to maintain accurate accounts of progress.
 - Worked directly alongside nurse supervisors to execute effective care strategies tailored to individual needs.
 - Engaged proactively with patients to listen and address their concerns during care.
 - Recognized for excellence in establishing trust-based relationships with residents.
 - Assisted in developing community wellness initiatives promoting holistic health outcomes.

LEADERSHIP & AWARDS

- Dean's List, Springfield Technical Community College (2024)
- Nursing Excellence Award, HealthCare Solutions (2025)

EDUCATION

Certified Nursing Assistant

Springfield Technical Community College  GPA: 3.5  2025  Springfield, MA
Coursework: Patient Care, Medical Terminology, Anatomy, Psychology

CERTIFICATIONS

- Certified Nursing Assistant (CNA)  2025
- Basic Life Support (BLS)  2025

LANGUAGES



MY CAREER



- CNA Trainee at University Research Lab (1 Years)
- Certified Nursing Assistant at HealthCare Solutions (4 Months)

TECHNICAL SKILLS

- Medical Software:** Epic, Cerner, Meditech
- Clinical Protocols:** Basic Life Support, Patient Assessment, Infection Control Guidelines
- Emergency Care Standards:** CPR Techniques, First Aid Procedures, Advanced Cardiac Life Support
- Patient Handling Equipment:** Gait Belts, Transfer Boards, Lift Devices
- Record Keeping Systems:** Electronic Health Records, Document Management Systems, Charting Software
- Therapeutic Communication:** Verbal Communication, Nonverbal Cues, Active Listening
- Healthcare Regulations:** HIPAA Compliance, Patient Rights Education, Safety Regulations
- Healthcare Teamwork:** Interdisciplinary Coordination, Staff Collaboration, Patient Feedback Integration
- Patient Mobility Techniques:** Ambulation Techniques, Range of Motion Exercises, Resistance Training
- Professional Development:** Continuous Education, Workshops, Clinical Practice Evaluations

PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association, Springfield Technical Community College
- Volunteer, Local Community Health Fair

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST