

# Adley Ibarra

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## SUMMARY

Compassionate and dedicated Certified Nursing Assistant with over two years of hands-on experience in various healthcare settings. Skilled in assisting with daily living activities, monitoring patient health, and collaborating effectively with nurses and medical staff. Proven ability to deliver high-quality support while adapting seamlessly to fast-paced environments. Strong expertise in BLS and a commitment to ensuring both comfort and safety for patients. Engaging nature fosters trust and communication, allowing for efficient assistance in all aspects of patient care. Eager to contribute as part of a team that prioritizes excellence in compassionate care.

## EXPERIENCE

CNA TraineeJune 2025 - June 2026

University Research LabSpringfield, MA

Supported nursing staff through direct patient care, maintaining high standards of comfort and dignity. Assisted with the monitoring of vital signs, contributing critical insights for timely interventions under supervision. Helped refine individualized care plans in collaboration with teams, emphasizing effective patient engagement.

- Provided compassionate individual attention, aiding in daily tasks like bathing and feeding.
- Accurately monitored vital signs and reported significant changes to ensure prompt clinical response.
- Maintained rigorous cleanliness in care areas per infection control guidelines.
- Contributed to practical training sessions on emergency readiness through BLS courses.
- Enhanced patient experiences by actively delivering emotional support in their recovery journeys.
- Collaborated with peer trainees in creating an optimal learning atmosphere.

Certified Nursing AssistantJanuary 2025 - May 2025

HealthCare SolutionsChicopee, MA

Delivered comprehensive care in a long-term care setting, focusing on improving residents' physical independence and overall quality of life. Interacted professionally with both patients and interdisciplinary groups to ensure quality care remained at the forefront.

- Facilitated resident mobility and rehabilitation exercises, promoting confidence in daily autonomy.
- Diligently documented patient information using electronic records to maintain accurate accounts of progress.
- Worked directly alongside nurse supervisors to execute effective care strategies tailored to individual needs.
- Engaged proactively with patients to listen and address their concerns during care.
- Recognized for excellence in establishing trust-based relationships with residents.
- Assisted in developing community wellness initiatives promoting holistic health outcomes.

## LEADERSHIP & AWARDS

- Dean's List, Springfield Technical Community College (2024)
- Nursing Excellence Award, HealthCare Solutions (2025)

## EDUCATION

Certified Nursing Assistant2025

Springfield Technical Community College GPA: 3.5Springfield, MA

Coursework: Patient Care, Medical Terminology, Anatomy, Psychology

## CERTIFICATIONS

- Certified Nursing Assistant (CNA) 📅 2025
- Basic Life Support (BLS) 📅 2025

## TECHNICAL SKILLS

- **Medical Software:** Epic, Cerner, Meditech
- **Clinical Protocols:** Basic Life Support, Patient Assessment, Infection Control Guidelines
- **Emergency Care Standards:** CPR Techniques, First Aid Procedures, Advanced Cardiac Life Support
- **Patient Handling Equipment:** Gait Belts, Transfer Boards, Lift Devices
- **Record Keeping Systems:** Electronic Health Records, Document Management Systems, Charting Software
- **Therapeutic Communication:** Verbal Communication, Nonverbal Cues, Active Listening
- **Healthcare Regulations:** HIPAA Compliance, Patient Rights Education, Safety Regulations

- **Healthcare Teamwork:** Interdisciplinary Coordination, Staff Collaboration, Patient Feedback Integration
- **Patient Mobility Techniques:** Ambulation Techniques, Range of Motion Exercises, Resistance Training
- **Professional Development:** Continuous Education, Workshops, Clinical Practice Evaluations

**SKILLS**

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|-----------------------------|----------------------------|--------------------------|------------------------|
| • Patient Care              | • Team Collaboration       | • Infection Control      | • Patient Advocacy     |
| • Vital Signs Monitoring    | • Communication Skills     | • Mobility Assistance    | • Clinical Observation |
| • BLS Certified             | • Emotional Support        | • Rehabilitation Support | • Problem-Solving      |
| • Electronic Health Records | • Healthcare Documentation | • Care Planning          |                        |

**PROFESSIONAL AFFILIATIONS**

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- Member, Student Nurses Association, Springfield Technical Community College
- Volunteer, Local Community Health Fair

**LANGUAGES**

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- English (Native)
- Spanish (Intermediate)

**ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

**REFERENCES**

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AVAILABLE ON REQUEST