

STRENGTHS

-  **Strong Analytical Skills**
Utilized analytical skills in patient assessments, determining the best therapies adjusted to individual conditions.
-  **Effective Communication**
Transmitted complex information clearly, fostering better understanding among patients and professionals alike.
-  **Compassionate Caregiver**
Maintained a patient-centered approach, demonstrating compassion that facilitated trust and cooperation in rehabilitation.
-  **Collaborative Team Player**
Worked harmoniously with diverse teams, contributing insights that enriched the overall treatment experience.
-  **Adaptable Practitioner**
Adapted therapy approaches instantly based on patient feedback and dynamic clinical situations.

SKILLS

- Patient Assessment

Rehabilitation Techniques

Treatment Planning

Team Collaboration

Patient Education
- Documentation and Compliance

Therapeutic Interventions

Mobility Enhancements
- Injury Prevention Strategies

Evidence-Based Practices

Progress Documentation

Customer Engagement

Compliance Assurance

SUMMARY

Dedicated Physical Therapist with a strong foundation in acute care, specializing in trauma rehabilitation and patient recovery strategies. Holds a Doctorate in Physical Therapy and an active state license, with proven experience in delivering high-quality therapy services in fast-paced environments. Committed to improving patient outcomes through evidence-based practices and compassionate care. Adept at collaborating with multidisciplinary teams and adapting to diverse clinical settings.

EXPERIENCE

Physical Therapist

HealthFirst Rehabilitation

 June 2024 - Present

 Chicago, IL

- Serve as Physical Therapist providing comprehensive services supporting recovery from acute injuries with a focus on individualized treatment plans. Collaborate closely with multidisciplinary medical teams to drive patient rehabilitation goals.
- Provide personalized physical therapy services enhancing patient recovery trajectories.
 - Work with healthcare teams to assess condition needs, set improvement benchmarks, and document progression accurately.
 - Design and lead therapeutic interventions while empowering patients through education on preventive measures.
 - Conduct thorough mobility assessments for patients with level 1 trauma and develop focused methodologies.
 - Ensure compliance with regulatory standards by meticulously documenting treatment outcomes.
 - Engage in continuous learning initiatives, staying abreast of innovative practices within the field.

Physical Therapy Intern

CareWell Therapy Center

 January 2024 - May 2024

 Chicago, IL

- Completed internship assisting licensed therapists in delivering care, gaining invaluable exposure to therapeutic techniques and patient management strategies. Focused on collaboration within healthcare settings to maximize patient satisfaction.
- Contributed to evaluations and treatments of diverse patient portfolios under direct supervision.
 - Crafted rehabilitation exercise programs targeting various conditions promoting recovery efficiency.
 - Facilitated informative sessions rewarding patients about rehabilitation exercises, encouraging proactive participation.
 - Partnered with healthcare professionals to fine-tune treatment strategies ensuring optimal safety and satisfaction.
 - Participated in interdisciplinary meetings refining patient approaches through group discussions.
 - Actively engaged in community health initiatives, boosting awareness of physical therapy benefits.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2024-2026
- Recipient of the Physical Therapy Excellence Award, 2025

EDUCATION

Doctor of Physical Therapy

University of Illinois at Chicago

 GPA: 3.8

 2026

 Chicago, IL

Coursework: *Anatomy, Physiology, Rehabilitation Techniques, Patient Assessment*

CERTIFICATIONS

- BLS Certification  2026
- Active State License in Physical Therapy, Illinois  2026

Professional Development

Community Outreach

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



- Physical Therapist at HealthFirst Rehabilitation (2.1 Years)
- Physical Therapy Intern at CareWell Therapy Center (4 Months)

TECHNICAL SKILLS

- **Therapy Modalities:** Manual Therapy, Electrotherapy, Ultrasound Therapy
- **Patient Management Systems:** Epic, Athenahealth, MedAptus
- **Intervention Techniques:** Functional Training, Aquatic Therapy, Post-operative Recovery
- **Healthcare Regulations:** HIPAA, APTA Guidelines, Medicare Standards
- **Rehabilitation Equipment:** Gait Trainers, Resistance Bands, Balance Boards
- **Documentation Tools:** EBP Software, Electronic Records, Clinical Protocols
- **Communication Tools:** Zoom, Microsoft Teams, Slack
- **Performance Tracking:** SMART Goals, Progress Notes, Outcome Measures
- **Education & Training:** Patient Education Materials, Workshops, Demonstrations
- **Community Services:** Local Health Programs, Wellness Initiatives, Volunteer Organizations

PROFESSIONAL AFFILIATIONS

- Member, American Physical Therapy Association, 2024-Present
- Volunteer, Community Health Fair, 2025

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST