

Riya Rosario

Travel Physical Therapist

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STRENGTHS

-  **Strong Analytical Skills**
Utilized analytical skills in patient assessments, determining the best therapies adjusted to individual conditions.
-  **Effective Communication**
Transmitted complex information clearly, fostering better understanding among patients and professionals alike.
-  **Compassionate Caregiver**
Maintained a patient-centered approach, demonstrating compassion that facilitated trust and cooperation in rehabilitation.
-  **Collaborative Team Player**
Worked harmoniously with diverse teams, contributing insights that enriched the overall treatment experience.
-  **Adaptable Practitioner**
Adapted therapy approaches instantly based on patient feedback and dynamic clinical situations.

SKILLS

- Patient Assessment
- Rehabilitation Techniques
- Treatment Planning
- Team Collaboration
- Patient Education
- Documentation and Compliance
- Therapeutic Interventions
- Mobility Enhancements
- Injury Prevention Strategies
- Evidence-Based Practices
- Progress Documentation
- Customer Engagement
- Compliance Assurance

SUMMARY

Dedicated Physical Therapist with a strong foundation in acute care, specializing in trauma rehabilitation and patient recovery strategies. Holds a Doctorate in Physical Therapy and an active state license, with proven experience in delivering high-quality therapy services in fast-paced environments. Committed to improving patient outcomes through evidence-based practices and compassionate care. Adept at collaborating with multidisciplinary teams and adapting to diverse clinical settings.

EXPERIENCE

Physical Therapist

HealthFirst Rehabilitation  June 2024 - Present  Chicago, IL

Serve as Physical Therapist providing comprehensive services supporting recovery from acute injuries with a focus on individualized treatment plans. Collaborate closely with multidisciplinary medical teams to drive patient rehabilitation goals.

- Provide personalized physical therapy services enhancing patient recovery trajectories.
- Work with healthcare teams to assess condition needs, set improvement benchmarks, and document progression accurately.
- Design and lead therapeutic interventions while empowering patients through education on preventive measures.
- Conduct thorough mobility assessments for patients with level 1 trauma and develop focused methodologies.
- Ensure compliance with regulatory standards by meticulously documenting treatment outcomes.
- Engage in continuous learning initiatives, staying abreast of innovative practices within the field.

Physical Therapy Intern

CareWell Therapy Center  January 2024 - May 2024  Chicago, IL

Completed internship assisting licensed therapists in delivering care, gaining invaluable exposure to therapeutic techniques and patient management strategies. Focused on collaboration within healthcare settings to maximize patient satisfaction.

- Contributed to evaluations and treatments of diverse patient portfolios under direct supervision.
- Crafted rehabilitation exercise programs targeting various conditions promoting recovery efficiency.
- Facilitated informative sessions rewarding patients about rehabilitation exercises, encouraging proactive participation.
- Partnered with healthcare professionals to fine-tune treatment strategies ensuring optimal safety and satisfaction.
- Participated in interdisciplinary meetings refining patient approaches through group discussions.
- Actively engaged in community health initiatives, boosting awareness of physical therapy benefits.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2024-2026
- Recipient of the Physical Therapy Excellence Award, 2025

EDUCATION

Doctor of Physical Therapy

University of Illinois at Chicago  GPA: 3.8  2026  Chicago, IL

Coursework: *Anatomy, Physiology, Rehabilitation Techniques, Patient Assessment*

CERTIFICATIONS

- BLS Certification  2026
- Active State License in Physical Therapy, Illinois  2026

Professional Development

Community Outreach

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



- Physical Therapist at HealthFirst Rehabilitation (2.1 Years)
- Physical Therapy Intern at CareWell Therapy Center (4 Months)

TECHNICAL SKILLS

- **Therapy Modalities:** Manual Therapy, Electrotherapy, Ultrasound Therapy
- **Patient Management Systems:** Epic, Athenahealth, MedAptus
- **Intervention Techniques:** Functional Training, Aquatic Therapy, Post-operative Recovery
- **Healthcare Regulations:** HIPAA, APTA Guidelines, Medicare Standards
- **Rehabilitation Equipment:** Gait Trainers, Resistance Bands, Balance Boards
- **Documentation Tools:** EBP Software, Electronic Records, Clinical Protocols
- **Communication Tools:** Zoom, Microsoft Teams, Slack
- **Performance Tracking:** SMART Goals, Progress Notes, Outcome Measures
- **Education & Training:** Patient Education Materials, Workshops, Demonstrations
- **Community Services:** Local Health Programs, Wellness Initiatives, Volunteer Organizations

PROFESSIONAL AFFILIATIONS

- Member, American Physical Therapy Association, 2024-Present
- Volunteer, Community Health Fair, 2025

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST