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SUMMARY

Dedicated Physical Therapist with a strong foundation in acute care, specializing in trauma rehabilitation and patient recovery strategies. Holds a Doctorate in Physical Therapy and an active state license, with proven experience in delivering high-quality therapy services in fast-paced environments. Committed to improving patient outcomes through evidence-based practices and compassionate care. Adept at collaborating with multidisciplinary teams and adapting to diverse clinical settings.

EXPERIENCE

Physical Therapist

June 2024 - Present

HealthFirst Rehabilitation

Chicago, IL

Serve as Physical Therapist providing comprehensive services supporting recovery from acute injuries with a focus on individualized treatment plans. Collaborate closely with multidisciplinary medical teams to drive patient rehabilitation goals.

- Provide personalized physical therapy services enhancing patient recovery trajectories.
- Work with healthcare teams to assess condition needs, set improvement benchmarks, and document progression accurately.
- Design and lead therapeutic interventions while empowering patients through education on preventive measures.
- Conduct thorough mobility assessments for patients with level 1 trauma and develop focused methodologies.
- Ensure compliance with regulatory standards by meticulously documenting treatment outcomes.
- Engage in continuous learning initiatives, staying abreast of innovative practices within the field.

Physical Therapy Intern

January 2024 - May 2024

CareWell Therapy Center

Chicago, IL

Completed internship assisting licensed therapists in delivering care, gaining invaluable exposure to therapeutic techniques and patient management strategies. Focused on collaboration within healthcare settings to maximize patient satisfaction.

- Contributed to evaluations and treatments of diverse patient portfolios under direct supervision.
- Crafted rehabilitation exercise programs targeting various conditions promoting recovery efficiency.
- Facilitated informative sessions rewarding patients about rehabilitation exercises, encouraging proactive participation.
- Partnered with healthcare professionals to fine-tune treatment strategies ensuring optimal safety and satisfaction.
- Participated in interdisciplinary meetings refining patient approaches through group discussions.
- Actively engaged in community health initiatives, boosting awareness of physical therapy benefits.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2024-2026
- Recipient of the Physical Therapy Excellence Award, 2025

EDUCATION

Doctor of Physical Therapy

2026

University of Illinois at Chicago GPA: 3.8

Chicago, IL

Coursework: Anatomy, Physiology, Rehabilitation Techniques, Patient Assessment

CERTIFICATIONS

- BLS Certification 📅 2026
- Active State License in Physical Therapy, Illinois 📅 2026

TECHNICAL SKILLS

- **Therapy Modalities:** Manual Therapy, Electrotherapy, Ultrasound Therapy
- **Patient Management Systems:** Epic, Athenahealth, MedAptus
- **Intervention Techniques:** Functional Training, Aquatic Therapy, Post-operative Recovery
- **Healthcare Regulations:** HIPAA, APTA Guidelines, Medicare Standards
- **Rehabilitation Equipment:** Gait Trainers, Resistance Bands, Balance Boards
- **Documentation Tools:** EBP Software, Electronic Records, Clinical Protocols

- **Communication Tools:** Zoom, Microsoft Teams, Slack
- **Performance Tracking:** SMART Goals, Progress Notes, Outcome Measures
- **Education & Training:** Patient Education Materials, Workshops, Demonstrations
- **Community Services:** Local Health Programs, Wellness Initiatives, Volunteer Organizations

SKILLS

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|-----------------------------|--------------------------------|--------------------------------|----------------------------|
| • Patient Assessment | • Patient Education | • Injury Prevention Strategies | • Compliance Assurance |
| • Rehabilitation Techniques | • Documentation and Compliance | • Evidence-Based Practices | • Professional Development |
| • Treatment Planning | • Therapeutic Interventions | • Progress Documentation | • Community Outreach |
| • Team Collaboration | • Mobility Enhancements | • Customer Engagement | |

PROFESSIONAL AFFILIATIONS

- Member, American Physical Therapy Association, 2024-Present
- Volunteer, Community Health Fair, 2025

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST