

Riya Rosario

SUMMARY

Dedicated Physical Therapist with a strong foundation in acute care, specializing in trauma rehabilitation and patient recovery strategies. Holds a Doctorate in Physical Therapy and an active state license, with proven experience in delivering high-quality therapy services in fast-paced environments. Committed to improving patient outcomes through evidence-based practices and compassionate care. Adept at collaborating with multidisciplinary teams and adapting to diverse clinical settings.

EXPERIENCE

Physical Therapist

HealthFirst Rehabilitation

June 2024 - Present

Chicago, IL

- Serve as Physical Therapist providing comprehensive services supporting recovery from acute injuries with a focus on individualized treatment plans. Collaborate closely with multidisciplinary medical teams to drive patient rehabilitation goals.
- Provide personalized physical therapy services enhancing patient recovery trajectories.
 - Work with healthcare teams to assess condition needs, set improvement benchmarks, and document progression accurately.
 - Design and lead therapeutic interventions while empowering patients through education on preventive measures.
 - Conduct thorough mobility assessments for patients with level 1 trauma and develop focused methodologies.
 - Ensure compliance with regulatory standards by meticulously documenting treatment outcomes.
 - Engage in continuous learning initiatives, staying abreast of innovative practices within the field.

Physical Therapy Intern

CareWell Therapy Center

January 2024 - May 2024

Chicago, IL

- Completed internship assisting licensed therapists in delivering care, gaining invaluable exposure to therapeutic techniques and patient management strategies. Focused on collaboration within healthcare settings to maximize patient satisfaction.
- Contributed to evaluations and treatments of diverse patient portfolios under direct supervision.
 - Crafted rehabilitation exercise programs targeting various conditions promoting recovery efficiency.
 - Facilitated informative sessions rewarding patients about rehabilitation exercises, encouraging proactive participation.
 - Partnered with healthcare professionals to fine-tune treatment strategies ensuring optimal safety and satisfaction.
 - Participated in interdisciplinary meetings refining patient approaches through group discussions.
 - Actively engaged in community health initiatives, boosting awareness of physical therapy benefits.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2024-2026
- Recipient of the Physical Therapy Excellence Award, 2025

EDUCATION

Doctor of Physical Therapy

University of Illinois at Chicago

GPA: 3.8

2026

Chicago, IL

Coursework: Anatomy, Physiology, Rehabilitation Techniques, Patient Assessment

CERTIFICATIONS

- BLS Certification  2026
- Active State License in Physical Therapy, Illinois  2026

TECHNICAL SKILLS

- **Therapy Modalities:** Manual Therapy, Electrotherapy, Ultrasound Therapy
- **Patient Management Systems:** Epic, Athenahealth, MedAptus
- **Intervention Techniques:** Functional Training, Aquatic Therapy, Post-operative Recovery
- **Healthcare Regulations:** HIPAA, APTA Guidelines, Medicare Standards
- **Rehabilitation Equipment:** Gait Trainers, Resistance Bands, Balance Boards
- **Documentation Tools:** EBP Software, Electronic Records, Clinical Protocols
- **Communication Tools:** Zoom, Microsoft Teams, Slack
- **Performance Tracking:** SMART Goals, Progress Notes, Outcome Measures
- **Education & Training:** Patient Education Materials, Workshops, Demonstrations

- **Community Services:** Local Health Programs, Wellness Initiatives, Volunteer Organizations

SKILLS

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|-----------------------------|--------------------------------|--------------------------------|----------------------------|
| • Patient Assessment | • Patient Education | • Injury Prevention Strategies | • Compliance Assurance |
| • Rehabilitation Techniques | • Documentation and Compliance | • Evidence-Based Practices | • Professional Development |
| • Treatment Planning | • Therapeutic Interventions | • Progress Documentation | • Community Outreach |
| • Team Collaboration | • Mobility Enhancements | • Customer Engagement | |

PROFESSIONAL AFFILIATIONS

- Member, American Physical Therapy Association, 2024-Present
- Volunteer, Community Health Fair, 2025

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST