

Winter Lyons

Travel Physical Therapist

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STRENGTHS

-  **Patient Assessment**
Skilled in conducting comprehensive assessments that inform targeted treatment approaches, creating pathways for effective care planning.
-  **Interdisciplinary Collaboration**
Promoted dialogue among multidisciplinary teams, ensuring uniformity in treatments initiated and enhancing overall patient safety.
-  **Patient Education**
Engaged actively with patients and families, imparting knowledge that encourages proactive involvement in recovery strategies and self-care.
-  **Care Coordination**
Streamlined processes by establishing strong connections with various clinical stakeholders, significantly enhancing patient continuity and service delivery.
-  **Documentation Skills**
Ensured accuracy and clarity in documenting all patient interactions, bolstering compliance while facilitating efficient inter-professional communication.

SKILLS

- Patient Assessment
- Treatment Planning
- Home Health Therapy
- Communication
- Interdisciplinary Collaboration
- Documentation Patient Education

SUMMARY

Dedicated Physical Therapist with a Doctoral Degree in Physical Therapy and over two years of experience across diverse healthcare settings. Proven ability to assess patient needs, formulate personalized treatment plans, and support patient recovery journeys. Strong background in home health therapy fueled by a commitment to improving patient outcomes using evidence-based practices. Exceptional communication skills enhance interpersonal interactions with patients and families alike. Passionate about providing compassionate care while collaborating effectively within multidisciplinary teams for optimal results in varying clinical environments.

EXPERIENCE

Travel Physical Therapist

Greenfield Health Services  March 2026 - Present  Champaign, IL

- Serves as a travel Home Health Physical Therapist supporting patient rehabilitation and recovery through comprehensive assessments and customized treatment implementation. Utilizes a multi-disciplinary approach ensuring interdisciplinary collaboration focused on enhancing patient well-being across various health conditions.
- Conducted thorough assessments addressing specific patient conditions to formulate individualized treatment strategies.
 - Coordinated with diverse healthcare professionals to create effective, integrated care plans maximizing patient recovery.
 - Employed advanced therapeutic techniques that facilitated improved functional mobility and quality of life.
 - Maintained precise documentation reflecting patient progress and gained substantial compliance with all healthcare regulations.
 - Provided family training on at-home exercises and health management for sustained long-term recovery.
 - Engaged continuously in professional development to remain informed of contemporary best practices in physical therapy.

Physical Therapist

Willow Creek Rehabilitation Center  January 2025 - February 2026  Peoria, IL

- Focused on delivering high-quality outpatient therapy services aimed at facilitating patient recovery and managing chronic pain facets. Cultivated collaborative relationships with medical staff to ensure cohesive treatment pathways addressing multifaceted patient needs.
- Delivered tailored therapy programs resulting in notable enhancements in patients' functional abilities post-treatment.
 - Collaborated closely with physicians to craft comprehensive and engaging treatment plans ensuring timely referrals.
 - Regularly evaluated patient progress contributing to the modification and optimization of treatment protocols.
 - Participated in education initiatives empowering patients towards self-management throughout their recovery process.
 - Drove community outreach which amplified health awareness among local populations fostering preventive health behaviors.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois, 2023

EDUCATION

Doctor of Physical Therapy

University of Illinois  GPA: 3.8  2025  Champaign, IL

LANGUAGES



MY CAREER



- Travel Physical Therapist at Greenfield Health Services (4 Months)
- Physical Therapist at Willow Creek Rehabilitation Center (1.1 Years)

Coursework: Therapeutic Methods, Anatomy, Patient Care, Rehabilitation

CERTIFICATIONS

- Licensed Physical Therapist 📅 2026
- BLS Certification 📅 2026

TECHNICAL SKILLS

- **Therapeutic Techniques:** Manual Therapy, Electrotherapy, Therapeutic Exercise
- **Assessment Tools:** Biodex, Goniometer, Range of Motion Testing
- **Fitness Programs:** Strength Training, Flexibility Programs, Endurance Training
- **Electronic Health Records:** Epic, Cerner, Athenahealth
- **Rehabilitation Equipment:** Therapy Pool, Resistance Bands, Balance Boards
- **Pain Management:** TENS Unit, Ultrasound Therapy, Cryotherapy
- **Clinical Best Practices:** Evidence-Based Practice, Patient-Centered Care, Quality Improvement Initiatives
- **Patient Management Systems:** HIPAA Compliance, Telehealth, Treatment Scheduling
- **Continuing Education:** Workshops, Webinars, Certifications
- **Professional Standards:** APTA Guidelines, HIPAA Regulations, Evidence-Based Therapies

PROFESSIONAL AFFILIATIONS

- Member, Illinois Physical Therapy Association, 2024 - Present
- Volunteer, Community Health Fair, 2025

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST