

# Rosalie Salas

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## SUMMARY

Compassionate Physical Therapy Assistant bringing over two years of experience in rehabilitation support. Proven expertise in creating effective treatment plans and ensuring patient comfort throughout their recovery journey. Experienced in collaborating with a multidisciplinary healthcare team to enhance recovery outcomes. A proactive approach builds connections, fostering trust with patients and colleagues alike. Background in direct patient interaction solidified skills in assessment and delivering educational programs that encourage self-care techniques for lasting well-being. Dedicated to professional growth through continued education and learning opportunities.

## EXPERIENCE

### Physical Therapy Assistant Intern

January 2026 - Present

University Research Lab

Chicago, IL

Contributed as a Physical Therapy Assistant Intern focused on supporting therapeutic interventions and evidence-based practice implementations. Collaborated alongside licensed professionals and developed hands-on skills essential for patient rehabilitation and recovery while adhering to best practices.

- Collaborated closely with therapists, delivering effective treatment plans tailored for patients recovering from surgical procedures.
- Executed therapeutic exercises under guidance, monitored progress, and adapted programs based on individual patient needs.
- Conducted assessments, documenting responses to treatments which helped refine subsequent care strategies effectively.
- Engaged with patients by educating them on home exercise regimens designed for continuing improvement outside of clinical settings.
- Participated actively in meetings, providing insights into treatment outcomes for continuous protocol improvements.
- Maintained strict confidentiality and compliance with health regulations at all times during patient interactions.

### Rehabilitation Aide

September 2025 - December 2025

Student Innovation Lab

Chicago, IL

Acted as a Rehabilitation Aide optimizing therapy session preparations to support patients' mobility and overall engagement in rehabilitation processes. This role involved a blend of administrative tasks and direct patient support within an academic setting.

- Prepared therapy areas meticulously, facilitating timely and effective patient sessions by having everything ready beforehand.
- Learned operational protocols for therapeutic equipment ensuring safety and proper usage during every patient interaction.
- Documented extensive patient interactions, contributing valuable data for analysis that underscored treatment effectiveness.
- Researched contemporary practices enhancing understanding of cutting-edge methodologies in physical therapy to incorporate into labs.
- Fostered a welcoming environment to support patients emotionally, increasing overall satisfaction during difficult recovery stages.
- Assisted in coordinating logistics for patient appointments and ensured accurate record keeping within clinic databases.

## LEADERSHIP & AWARDS

- Dean's List, City College of Chicago - 2025
- Academic Excellence Award in Health Sciences - 2025

## EDUCATION

### Associate of Applied Science in Physical Therapy

2026

City College of Chicago GPA: 3.8

Chicago, IL

**Coursework:** Anatomy, Physiology, Rehabilitation Techniques, Patient Care

## CERTIFICATIONS

- Certified Physical Therapy Assistant (CPTA) 📅 2026
- CPR and First Aid Certified 📅 2025

## TECHNICAL SKILLS

- **Therapeutic Modalities:** Ultrasound, Electrical Stimulation, Hot Pack
- **Documentation Software:** Mediware, WebPT, RehabOptima
- **Patient Assessment Tools:** Observation, Evaluation Forms, Progress Notes
- **Therapy Equipment:** Therabands, Balance Boards, Treadmills
- **Compliance Standards:** HIPAA, OSHA, APTA Guidelines
- **Education Materials:** Patient Handouts, Instructional Videos, Digital Resources

- **Interpersonal Skills:** Active Listening, Empathy, Communication
- **Rehabilitation Protocols:** Post-Surgical Recovery, Sports Injury Treatment, Pain Management
- **Team Collaboration Tools:** Microsoft Teams, Zoom, Slack
- **Continuous Education Platforms:** MedBridge, Physiopedia, APTA's Learning Center

**SKILLS**

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|-----------------------------|-------------------------|---------------------------------|----------------------------|
| • Patient Care              | • Team Collaboration    | • Assessment Skills             | • Evidence-Based Practice  |
| • Treatment Planning        | • Communication Skills  | • Health Regulations Compliance | • Healthcare Communication |
| • Rehabilitation Techniques | • Patient Education     | • Record-Keeping                | • Administrative Support   |
| • Clinical Documentation    | • Therapeutic Exercises | • Mobility Assistance           |                            |

**PROFESSIONAL AFFILIATIONS**

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- Member, Physical Therapy Student Association - 2025
- Volunteer, Chicago Health Fair - 2025

**LANGUAGES**

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- English (Native)
- Spanish (Proficient)

**ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

**REFERENCES**

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AVAILABLE ON REQUEST