

# Aria Heath

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## SUMMARY

Compassionate Registered Nurse with over five years of acute care experience, specializing in dialysis. Proven success in delivering quality nursing care and collaborating within multidisciplinary teams for optimal patient outcomes. Known for educating patients and families on dialysis procedures, creating understanding and alleviating concerns. Maintains accurate patient documentation while ensuring compliance with healthcare regulations. Enthusiastic about ongoing training and professional development to remain up-to-date in the dynamic medical field. Eagerly seeks opportunities to join a dedicated team, contributing towards excellent patient care and positive health impact.

## EXPERIENCE

### Registered Nurse - Dialysis

June 2023 - Present

Riverbend Medical Center

Madison, WI

Functioning as a pivotal member of the dialysis unit, responsible for comprehensive patient assessments and developing treatment plans to ensure safe and effective care delivery.

- Managed patient assessments and ongoing treatment plans tailored to individual needs, enhancing overall care.
- Collaborated with nephrologists and other healthcare providers, improving patient outcomes through coordinated approaches.
- Educated patients and families on dialysis processes, increasing adherence to care and reducing anxiety.
- Ensured precise maintenance of patient records complying with healthcare standards, promoting accountability and safety.
- Implemented best practices during staff training, enhancing skill levels among new nurses in dialysis techniques.
- Monitored vital signs and promptly addressed any alarming changes, guaranteeing timely interventions.

### Registered Nurse

April 2021 - May 2023

Willow Creek Hospital

Janesville, WI

Provided exceptional nursing care on a high-volume medical-surgical unit, focusing on enhancing patient safety and comfort through evidence-based practices.

- Delivered holistic nursing care aimed at patient comfort and safety within a bustling medical-surgical environment.
- Actively engaged in patient care plan implementation alongside physicians, supporting interdisciplinary collaboration.
- Conducted detailed patient assessments, documenting vital signs and communicating significant changes proactively.
- Contributed to quality improvement projects that refined patient care protocols, resulting in increased operational efficiency.
- Trained and guided nursing students and newly hired colleagues, nurturing a culture of learning and support.
- Regular participation in educational workshops ensured current knowledge of best practices in nursing care.

### Nursing Assistant

January 2019 - March 2021

Sunset Valley Health

Milwaukee, WI

Supported clinical staff while delivering care in long-term settings, focusing on aspects of daily living activities and enhanced patient experiences.

- Assisted nursing staff in providing daily care services, optimizing the patient's well-being in a compassionate manner.
- Monitored patient conditions, accurately reporting significant changes to registered nurses for immediate action.
- Enhanced patient experience by providing emotional support and reassurance throughout their care journey.
- Maintained clean and organized patient areas, fostering a safe and comfortable environment.
- Participated in regular team meetings, contributing ideas for better service delivery and shared objectives.
- Collaboratively worked with team members to improve workflows and enhance overall patient care dynamics.

## LEADERSHIP & AWARDS

- Dean's List, University of Wisconsin-Madison
- Nursing Excellence Award, Willow Creek Hospital

## EDUCATION

### Bachelor's Degree in Nursing

2021

University of Wisconsin-Madison GPA: 3.7

Madison, WI

**Coursework:** Patient Care, Health Promotion, Clinical Skills, Nursing Theory

## CERTIFICATIONS

- Registered Nurse 📅 2021

- AHA Provider Level BLS 📅 2021
- AHA Provider Level ACLS 📅 2021

## TECHNICAL SKILLS

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- **Clinical Procedures:** Dialysis, Patient Assessment, Medication Administration
- **Healthcare Regulations:** HIPAA, OSHA, JCAHO Standards
- **Health Information Systems:** Epic, Cerner, Meditech
- **Emergency Care:** ACLS, BLS, CPR Certification
- **Patient Safety Practices:** Infection Control, Patient Monitoring, Risk Management
- **Patient Education Tools:** Care Plans, Informational Literature, Demonstrations
- **Collaboration Techniques:** Interdisciplinary Rounds, Care Conferences, Team Meetings
- **Professional Development:** Continuing Education, Workshops, Certifications
- **Crisis Management:** Risk Assessment, Regulatory Compliance, Quick Response Strategies
- **Technical Skills:** Nursing Protocols Framework, Electronic Charting, Data Entry

## SKILLS

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|-----------------------------------|------------------------|-------------------------|-----------------------|
| • Dialysis Care                   | • Patient Education    | • Problem Solving       | • Training Others     |
| • Patient Assessment              | • Time Management      | • Compassionate Care    | • Safety Practices    |
| • Electronic Health Records (EHR) | • Communication Skills | • Regulatory Compliance | • Quality Improvement |
| • Team Collaboration              | • Critical Thinking    | • Continuing Education  |                       |

## PROFESSIONAL AFFILIATIONS

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- Member, Wisconsin Nurses Association
- Volunteer, Madison Community Health Clinic

## LANGUAGES

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- English (Native)
- Spanish (Proficient)

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST