

Sebastian Marshall

Warehouse Worker II

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STRENGTHS

- Adaptability**
Thrives under pressure, gracefully adjusting to rapidly changing priorities without losing focus.
- Team Player**
Frequently recognized by peers for uplifting spirit and collaborative mindset, contributing to a cohesive work environment.
- Safety Consciousness**
Consistently adheres to safety protocols, fostering a secure space for everyone involved, especially during challenging conditions.
- Proactive Problem Solver**
Identified solutions proactively in high-pressure situations, often suggesting changes that led to significant workflow improvements.
- Strong Work Ethic**
Known for diligence and dedication, inspiring others to maintain high performance and accountability across various levels.

SKILLS

- Inventory Management
- Forklift Operation
- Safety Compliance
- Problem Solving
- Team Collaboration Physical Labor
- Logistics Coordination
- Quality Control PPE Awareness
- Time Management

SUMMARY

Dedicated warehouse professional with over a year of experience in distribution and supply chain environments. Committed to maintaining high safety standards while efficiently managing physical demands, including lifting heavy items and operating powered industrial trucks. Recognized for exceptional teamwork and adaptability in fast-paced settings. Contributed to significant improvements in operations, such as reduced loading times through optimized techniques. Eager to join ThermoTech Solutions and be part of a mission-driven team that positively impacts global health and safety.

EXPERIENCE

Stock Handler

SupplyChain Logistics 📅 June 2025 - Present 📍 Birmingham, AL

Support operations in a bustling warehouse environment by managing inventory and logistics. Focus on safely operating forklifts and order pickers while ensuring compliance with industry regulations.

- Operate forklifts and order pickers to manage inventory efficiently.
- Comply with safety protocols using personal protective equipment.
- Collaborate with team members to enhance sorting and distribution processes.
- Conduct inventory checks, addressing discrepancies effectively.
- Assist in training new teammates on operational and safety standards.
- Achieved faster loading times with improved stacking techniques.

Warehouse Associate

LogisticsCo 📅 January 2025 - May 2025 📍 Montgomery, AL

Contributed to effective warehouse operations through meticulous attention to detail and collaboration. Handled shipments while ensuring all items met quality expectations for outgoing orders.

- Managed incoming and outgoing shipments with accuracy.
- Maintained an orderly workspace compliant with safety regulations.
- Executed physical tasks involving lifting items up to 40 lbs safely.
- Supported the implementation of an enhanced inventory system for tracking.
- Participated in discussions for improvement initiatives in operations.
- Facilitated safety audits and conducted training sessions for colleagues.

LEADERSHIP & AWARDS

- Employee of the Month for August 2025 at SupplyChain Logistics.
- Recognized for Safety Excellence during monthly safety meetings.

EDUCATION

High School Diploma

Birmingham High School 🎓 GPA: 3.5 📅 2024 📍 Birmingham, AL

Coursework: Mathematics, Science, English, Physical Education

CERTIFICATIONS

- OSHA Forklift Certification 📅 2025
- Hazardous Material Handling Training 📅 2026

Customer Service

Operational Support

Communication Skills Data Entry

Warehouse Management

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Stock Handler at SupplyChain Logistics (1.2 Years)

● Warehouse Associate at LogisticsCo (4 Months)

TECHNICAL SKILLS

- **Warehouse Management Systems:** SAP, Oracle SCM, Manhattan Associates
- **Safety Equipment Standards:** ANSI, OSHA, PPE Regulations
- **Powered Industrial Trucks:** Forklifts, Order Pickers, Pallet Jacks
- **Inventory Control Tools:** Barcode Scanners, RFID Technology, Manual Tracking
- **Shipping Software:** ShipStation, FedEx Ship Manager, UPS WorldShip
- **Process Optimization Techniques:** Lean Principles, Kaizen, Six Sigma
- **Labor Management:** Workforce Scheduling, Performance Monitoring, Task Assignment
- **Compliance Training:** Regulatory Requirements, Training Modules, Staff Workshops
- **Data Entry Platforms:** Microsoft Excel, Google Sheets, Access Databases
- **Team Communication Tools:** Slack, Microsoft Teams, Zoom

PROFESSIONAL AFFILIATIONS

- Member of the Local Warehouse Association sharing best practices.
- Active participant in community service projects emphasizing safety and health.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST