



# Valentina Carey

## Women's Health Nurse Practitioner

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### STRENGTHS

- ❤️ **Compassionate Caregiver**  
Patients often commend empathetic communication, strengthening trust between provider and individual.
- 👥 **Team Player**  
Actively engage in a collaborative approach, bringing together professionals for shared objectives.
- 📋 **Effective Educator**  
Demonstrates ability to clarify complex concepts, empowering patients and colleagues alike.
- 💡 **Analytical Thinker**  
Utilize critical thinking skills when diagnosing and creating individualized care paths.
- 🔬 **Research-Oriented**  
Evidence-based approaches drive clinical decision making, informing best practices within treatment.

### SKILLS

- Gynecologic Care
- Telehealth Services
- Patient Education
- EHR Documentation
- Team Collaboration
- Research and Precepting
- Diagnostic Testing
- Clinical Assessment
- Treatment Planning
- Community Outreach
- Regulatory Compliance
- Menopause Management
- Patient Safety Strategies

### SUMMARY

Dedicated Nurse Practitioner with over 2 years of experience in women's health, specializing in gynecologic care and menopause management. Proven ability to collaborate within multidisciplinary teams to deliver exceptional patient care, including telehealth services and in-office procedures. Committed to evidence-based practices and continuous education, with a focus on mentoring nursing students and engaging in research initiatives. Actively participates in the Menopause Program and provides personalized support through clinical assessments and treatment planning. Holds a Master's Degree in Nursing and certifications that affirm clinical excellence in women's healthcare.

### EXPERIENCE

#### Nurse Practitioner

HealthCare Innovations 📅 March 2024 - Present 📍 Radnor, PA

Oversee comprehensive gynecologic care and telehealth consultations while coordinating with specialists. Managed complex patient needs through thorough assessments and tailored treatment plans. Focused on ongoing participation in educational and multidisciplinary team initiatives for quality service delivery.

- Conduct thorough assessments and define treatment plans for diverse patient needs.
- Collaborate with a cross-functional team for improved patient outcomes in gynecologic procedures.
- Engage actively in the Menopause Program, ensuring holistic support for patients.
- Maintain detailed and accurate EHR documentation aligned with organizational policies.
- Mentor nursing students through structured preceptorship, enhancing their clinical skills.
- Develop patient resources to educate individuals on relevant health concerns and strategies.

#### Nurse Practitioner

Springfield Women's Health Center 📅 June 2023 - February 2024 📍 Springfield, PA

Delivered direct patient care within a busy practice, emphasizing preventative care and community health. Contributed to performance improvement initiatives while supporting educational activities.

- Provided evidence-based evaluations and treatment for various gynecological conditions.
- Facilitated referrals, addressing social determinants impacting patient health.
- Participated proactively in quality assurance programs enhancing client care standards.
- Created informative materials, promoting patient awareness regarding treatment options.
- Supported efforts towards regulatory compliance to uphold accreditation standards.
- Took part in community health careers fostering engagement and outreach efforts.

### LEADERSHIP & AWARDS

- Dean's List, University of Pennsylvania, 2021-2023
- Nursing Excellence Award, University of Pennsylvania, 2023

### EDUCATION

#### Master of Science in Nursing

University of Pennsylvania 🎓 GPA: 3.8 📅 2023 📍 Philadelphia, PA

**Coursework:** Clinical Research, Women's Health, Patient Safety, Advanced Pharmacology

### CERTIFICATIONS

- BLS/CPR Certification 📅 2024
- Pennsylvania CRNP Licensure 📅 2024

Performance Improvement

Crisis Intervention

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● Nurse Practitioner at HealthCare Innovations (2.3 Years)

● Nurse Practitioner at Springfield Women's Health Center (8 Months)

## TECHNICAL SKILLS

- **Patient Management Systems:** Epic, Cerner, Allscripts
- **Medical Coding:** ICD-10, CPT, HCPCS
- **Healthcare Compliance Tools:** HIPAA Regulations, OSHA Guidelines, Joint Commission Standards
- **Telemedicine Platforms:** Doxy.me, Teladoc, Amwell
- **Clinical Assessment Tools:** Beck Depression Inventory, PHQ-9, GAD-7
- **Electronic Health Records:** Meditech, NextGen, Practice Fusion
- **Diagnostic Equipment:** Ultrasound, Colposcope, Speculum
- **Patient Education Materials:** Brochures, Infographics, Workshops
- **Medication Management Apps:** MDLinx, UpToDate, Micromedex
- **Research Methodologies:** Qualitative Studies, Surveys, Clinical Trials

## PROFESSIONAL AFFILIATIONS

- Member, Women's Health Advocacy Group, University of Pennsylvania
- Volunteer, Community Health Fair, Springfield, PA

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST